



Inaugural session of the First InSPA National Conference

## Proceedings of the

## First InSPA National Conference 2011

It is a matter of great pride and pleasure for InSPA as the First InSPA National Conference was successfully held at Jai Narain Vyas University, Jodhpur, India between 26<sup>th</sup> to 28<sup>th</sup> November 2011 under the chairmanship of Dr. Ravi Kant Gunthey, Professor of Psychology, JNV University, Jodhpur. This event is of great significance in the annals of InSPA which is leading initiatives to engage educators, clinicians, and policy makers, in discussing, developing and implementing strategies to advance mental health and well-being of school children in India.

### Conference Venue

Jai Narain Vyas University, Jodhpur was established in 1962 as University of Jodhpur. There are four Government Colleges of

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Bill Pfohl  
USA



Peter Farrel  
UK



Coosje Griffiths  
Australia



N. Rangasamy  
Chief Minister

## International Training on School Psychology

The one week training programme has been designed as per International Standards customized to Indian settings. The InSPA is taking lead to augment capacity building in practitioners of School Psychology in India to cater to the emerging needs of Indian Schooling System. This is a pioneering attempt in India to train School Psychologists by experts of International reputation.

### InSPA

The Indian School Psychology Association (InSPA-[www.inspa.info](http://www.inspa.info)), an affiliate of International School Psychology Association (ISPA-[www.ispaweb.org](http://www.ispaweb.org)), is a

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Dr. J.P. Singh, Secretary, RCI, New Delhi lighting the lamp at the Inaugural session



Delegates of the First InSPA National Conference held at JNV University, Jodhpur on 26-28 November, 2011

### Highlights...

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## Welcome to Calicut

**2<sup>nd</sup> InSPA National Conference**  
22-24 November, 2012  
at  
**Calicut University, Calicut, Kerala.**

Details on page 2

# International Training



David Annoussamy G.P. Thakur B. Mukhopadhyay P. Jeyachandran Panch. Ramalingam D. Sambandhan N.K.Kumaresan Raja

nonprofit voluntary organization founded in 2009 with the sole objective of developing and promoting school psychology in India. In addition, the association is committed to fostering values-based education, counselling, and training relating to school psychology in India.

## First International Training on School Psychology

This is first of its kind in India to train professionals in the field of School Psychology. It is scheduled to be held in collaboration with Sarva Shiksha Abhiyan (SSA), Government of Puducherry at Puducherry from 27th to 01st February 2012.

### Training Modules

- Module I:** Theoretical framework of School Psychology
- Module II:** Emerging Issues and Trends in School Psychology and An overview of the standards set by the ISPA and related Code of Ethics
- Module III:** Educational Administration in India: An Introduction to School Educational Administration in India (National Education Policy, Rules and Acts relating to Educational Administration)
- Module IV:** Issues of Safe Schooling, Bullying and Friendly Accreditation
- Module V:** Strategies of Crisis Intervention and Assessment Techniques
- Module VI:** The essentiality of Yoga and Meditation in Indian School Psychology.

### Training Features

- A Comprehensive course for increasing Knowledge, Ability and Potential
- International Trainers
- Interactive Lectures and role play sessions
- Skill Development and Practice
- Hands-on Project Experience (HOPE) with material preparation, workshops with primary and secondary school children, assignments and tests designed for mastering intervention techniques.
- Augmenting Capacity Building to cater to contemporary challenges and opportunities.

**Duration:** Six days (Morning 8.00 am to 6.00 pm)

**Intake:** Each 30 participants of two batches will be admitted on 'first come first served' basis. Preference will be given to InSPA members.

**Eligibility:** School Head Masters, Teachers, Practitioners of School Psychology, School Counsellors, Educational Psychologists and University/College Teachers related to School Psychology are eligible to participate in the training programme.

**Certification:** Successful participants will be issued a Course Certificate.

**Registration:** Registration closes on 10<sup>th</sup> January, 2012. (Out station participants may obtain the details of accommodation and boarding by sending an email to [inspaindia@gmail.com](mailto:inspaindia@gmail.com))

**Course Kit:** Includes course kit containing course material of 200 pages, school children assessment tools and manual, group photo and practical sessions in schools and field visits.

**Venue:** SSA, Department of Education, Govt of Puducherry, Puducherry.

Programme Convenor: **B. Dhandapany**

The International experts on School Psychology Prof. Peter T. Farrell, Manchester University, United Kingdom, Prof. Bill Pfohl, USA and Prof. Coosje Griffiths, Australia have kindly consented to conduct the training programme in collaboration with our Indian School Psychologists. The training programme is intended to help our school teachers to professionally develop them to meet the challenges in the school environment. Successful participants will be able to practice as school psychologists in schools to help children to identify their potentials, problems, and learning disabilities.

Around 70 school head masters/principals/school counsellors from all over the country are participating in the training programme. Hon' Chief Minister of Puducherry Shri. N. Rangasamy has kindly consented to inaugurate the training programme on 27.01 2012 at 10.00 am. Prof. G.P. Thakur, President, InSPA will preside over the function. Shri. E. Vallavan, Director of School Education, Puducherry will grace the occasion.

**Prof. Peter Farrell**, UK will be able to cover the content as follows:

# International Training

## International Training on School Psychology: Programme Schedule

Date	Technical Session 10.00 am – 11.15 am	Technical Session 11.30 am – 12.45 pm	Technical Session 1.45 pm – 3.00 pm	Technical Session 3.00 pm – 4.15 pm
<b>27.01.2012</b> Friday	Inauguration <b>Hon' Chief Minister</b> and Director, School Education Pre test	Impact of Right to Education Act Justice <b>David Annoussamy</b> Puducherry	Mental Health and Counselling <b>Prof. G.P. Thakur</b> New Delhi	Yoga and Meditation <b>Prof. B. Mukhopadhyay</b> Professor of Psychology
<b>28.01.2012</b> Saturday	Psychological Testing <b>Dr. Panch. Ramalingam</b> Pondicherry University	Psychological Assessment Techniques <b>Dr. Panch. Ramalingam</b> Pondicherry University	Indian Education System <b>Dr. N.K. Kumaresan Raja</b> Annamalai University	Panel group interaction and presentation <b>Dr. N.K. Kumaresan Raja</b> Annamalai University
<b>29.01.2012</b> Sunday	Effective Leader as School Psychologist <b>Prof. Bill Pfohl, USA</b>	Helping the Children as Counsellor <b>Prof. Bill Pfohl, USA</b>	Visit to Baby Sara Special School	Visit to Baby Sara Special School
<b>30.01.2012</b> Monday	Professional Ethics <b>Prof. Bill Pfohl</b> USA	Crisis Management <b>Prof. Bill Pfohl</b> USA	School Psychologist competencies within a Competency Framework <b>Mrs. Coosje Griffiths</b> Australia	Effective teaching and learning <b>Mrs. Coosje Griffiths</b> Australia
<b>31.01.2012</b> Tuesday	Role of school psychologists, schools, families and communities, emphasis on preventative work and clinical skills <b>Prof. Peter Farrell</b> United Kingdom	Discussion of services for children in India and of the contribution that school psychologists could make. <b>Prof. Peter Farrell</b> United Kingdom	Positive Psychology practices <b>Mrs. Coosje Griffiths</b> Australia	Suicide prevention, risk management and critical incident response <b>Mrs. Coosje Griffiths</b> Australia
<b>01.02.2012</b> Wednesday	Identifying mental health problems among children <b>Prof. P. Jeyachandran</b> Chennai	Student counselling <b>Prof. P. Jeyachandran</b> Chennai	Overview of ISPA standards and Code of Ethics. <b>Prof. Peter Farrell</b> United Kingdom Post test and Feed Back	<b>Valediction</b> <b>Prof. Peter Farrell</b> United Kingdom <b>Prof. Bill Pfohl, USA</b>

**Day 1:** Overview of the role of school psychologists, the contribution that they make to support children, schools, families and communities, emphasis on preventative work as well as clinical skills, links with other applied psychologists. Discussion of services for children in India and of the contribution that school psychologists could make.

**Day 2:** Training school psychologists – overview of ISPA standards and Code of Ethics. Discuss content of training programs (with examples from other countries) and how they meet the standards. Stress the link between theory and practice and the emphasis on the social model. Consider how existing Masters programs in psychology departments could be adapted/extended to incorporate schools psychology training. Review options for providing supervised practicum and internships. Also discuss availability of psychometric instruments.

**Mrs. Coosje Griffiths**, Australia will be able to contribute the following topics within the Safe and Friendly School:

1. School Psychologist competencies within a Competency Framework
2. Models of effective service practices and delivery
3. Negotiating services with schools - service planning
4. Strategies, programs and processes in: mental health and wellbeing, bullying prevention and

intervention, behaviour management, effective teaching and learning, catering for children with disabilities, catering for diversity, suicide prevention, risk management and critical incident response, working with a range of stakeholders in school communities, and Positive Psychology practices

5. Informed consent, record keeping & ethical practices
6. Evaluation of service
7. Safe and Friendly School accreditation

### National Trainers:

In addition to the International experts, the following experts will conduct the sessions during the training programme.

1. Justice David Annoussamy, Puducherry
2. Prof. G.P. Thakur, New Delhi
3. Prof. B. Mukhopadhyay, Chennai
4. Prof. P. Jeyachandran, Chennai
5. Prof. D. Sambandhan, Pondicherry University
6. Dr. N.K. Kumaresan Raja, Annamalai University
7. Dr. Panch. Ramalingam, Pondicherry University

*Great Challenge! make the best use of the opportunities to get professional training to help the children of our country.....*

## InSPA Events

### International Seminar on School Psychology

Raja Desingh College of Education, Gingee in collaboration with InSPA is organising one day International Seminar on School Psychology at Gingee on 28.01.2012.

#### Programme

**28 January, 2012 (Saturday)**  
**10.30 am: Inaugural Session**

Welcome Address:

**Dr. A.M. Sekar,**

Principal, Raja Desingh College of Education, Gingee

Presidential Address:

**Shri. Gingee Babu,**

Chairman, Raja Desingh College of Education, Gingee

Inaugural Address:

**Prof. Bill Pfohl,**

Professor in Psychology, Western Kentucky University, USA

Keynote Address:

**Mrs. Coosje Griffiths,**

School Psychologist, Manager of Student Services in Western Australia, Australia

12.00 noon:

School Psychology and Teacher Education

**Prof. B. Mukhopadhyay,**

Emeritus Professor of Education and Applied Psychology, Toc H Institute of science and Technology, Arakunnam, Kerala

2.00 pm: School Psychology-Indian Context

**Prof. G.P. Thakur,**

President, InSPA, New Delhi

2.00 pm: Interaction with students

3.00 pm: Valedictory Session

Valedictory Address

**Prof. Peter T. Farrell,**

Sarah Fielden Professor of Special Needs and Educational Psychology in the School of Education, University of Manchester, United Kingdom

4.30 pm: Farewell Tea

### International Seminar on School Psychology for Teacher Educators

**Sunday 29 January, 2012**

Sri Renugambal College of Education in collaboration with InSPA is organising an International Seminar at Polur

#### PROGRAMME

09.30 am: Registration

10.30 am: Inaugural Session

Welcome Address: **Shri A. Ramachandran**

Chairman, Sri Renugambal College of Education, Polur

Scope of the Seminar: **Dr. Panch. Ramalingam**

Secretary, InSPA

Inaugural Address: **Prof. PETER T. FARELL**

Manchester University, United Kingdom

Presidential Address: **Prof. G.P. THAKUR**

President, Indian School Psychology Association

11.30 am: Technical Session on Safe schooling:

**Mrs. COOSJE GRIFFITHS,**

School Psychologist, Manager of Student Services in Western Australia, Australia and Executive Secretary, ISPA, Australia

1.00 pm: Lunch

2.00 pm School Psychology Projects for Teacher Educators

**Prof. BORISLAV SLAVCHOV**

President, Association of Young Psychologists in Bulgaria

**Ms. EVI LAZAROVA**

International Secretary, Association of Young Psychologists, Bulgaria

**Dr. T. ARUN,** InSPA, Puducherry

3.30 pm Valediction

Valedictory Address & Distribution of Certificates:

**Prof. D. Sambandhan**

Dean, School of Social Sciences and International Studies, Pondicherry University  
Special Address:

**Dr. N.K. Kumaresan Raja**

Annamalai University

Felicitation: **Prof. S. Srinivasan**

Govt. Law College, Puducherry

**Dr. B. Rangaiah,** Reader in Psychology

Pondicherry University



## Acharya College of Education, Puducherry

### COLLEGE PROFILE

In the year 2000, Puducherry saw the dawn of ACHARIYA EDUCATIONAL PUBLIC TRUST. It was founded by a young and vibrant educationist, Dr. J. Arawindhan and his beloved mother, Smt. J. Adhilakshmi. With the aim of taking education to new heights and provide world class education to the people of Puducherry, ACHARIYA under the able guidance of the CHIEF MENTOR began with a bang. ACHARIYA aims at building a new society that would be the face of emerging India.

ACHARIYA COLLEGE OF EDUCATION was founded by ACHARIYA Educational Public Trust, in November 2000 is duly recognized by the National Council for Teacher Education (NCTE), and affiliated to the Pondicherry University. This renowned institution is of 11 years old growing stronger and marching ahead under the able stewardship of great visionary and educationalist DR.J. ARAWINDHAN. This institution is certified with ISO 9001: 2000 by BSI in 2007 and ISO 9001:2008 in 2010. The annual intake for B. Ed., is 120 and for M. Ed., is 35 seats.

An excellent well-stocked sophisticated library is available with colorful collection of Books, Educational journals on various subjects in the form of annuals, biannual, monthlies, weeklies and daily issues. A number of reference books CD ROM's (e-reference, encyclopedia, web-references etc., are also available long with audio and video cassettes).

Separate well-equipped, spacious laboratories for Educational psychology, Educational technology, Physical science, Biological science, Computer science and Language are available with updated modern scientific equipment to conduct practical in various subjects.

Psychology laboratory has established itself as a science. It is considered as the positive science which studies the behaviour of men and animals. So far the behaviour is regarded as an expression of that inner life of thought and feeling which we call mental life.

We can study the behaviour of man and animals by using psychological tests. Psychological tests are just like the other scientific tests to that extent to which the observation of individual behaviour is done on a carefully chosen sample. These psychological tests are applied on men and animals in a laboratory which we know as Psychology Lab. It provides favourable conditions to apply these tests on living organism.

ACHARIYA COLLEGE OF EDUCATION,  
No.3, Villupuram main road,  
Villianur , Puducherry – 605 110  
Phone : 91-413-2667923  
Website: www.achariya.in  
e-mail ID: bedhead@achariya.in

## International Training



### International Training on School Psychology: Friendly and Safe Schooling

01 - 03 February, 2012

#### Programme

09.00 am Registration

10.00 am Inaugural Session

Welcome Address:

**Prof. Mamota Das**

Principal, Acharya College of Education,  
Puducherry

Presidential Address:

**Dr. J. Arawindhan**, Chairman

Acharya Group of Educational Institutions,  
Puducherry

Inaugural Address: **Prof. Bill Pfohl**, USA

Keynote Address: **Mrs. Coosje Griffiths**,

Australia

Special Address: **Prof. Peter T. Farrell**, UK

Vote of Thanks: **Mr. Rajkumar**

11.30 am: Overview of School Psychology and Role of  
School Psychologists in Schools

**Prof. Peter T. Farrell**, UK

01.00 pm Lunch Break

02.00 pm: Friendly and Safe Schooling

**Prof. Coosje Griffiths**, Australia

**02 February, 2012 (Thursday)**

10.00 am: Professional Ethics and Crisis Management

**Prof. Bill Pfohl**, USA

01.00 pm Lunch Break

02.00 pm Student Assessment Techniques

**Prof. Coosje Griffiths**, Australia

**03 February, 2012 (Friday)**

10.00 am Interaction with the Resource Persons

**Prof. Bill Pfohl**, USA and

**Prof. Coosje Griffiths**, Australia

11.30 am Feed back session

**12.30 pm** Valedictory and Certificate  
Distribution Session

01.30 pm Farewell Lunch

# Awards

## PPA Awards 2011

- 1. IAAP- PPA Best Psychologist Award 2011** is conferred on **Dr. Panch. Ramalingam**, Reader, UGC-Academic Staff College, Pondicherry University, Puducherry: Cash Award of Rs.5000/- with citation will be given for his outstanding contribution in the field of applied psychology. This award has been instituted by the Indian Academy of Applied Psychology, Chennai.
- 2. IAAP-PPA Best Educationist Award 2011** is conferred on **Dr. N. Manoharan**, Professor and Director of Planning, Development and International Relations, Anna University of Technology Madurai, Alagarkoil Road, Madurai: Cash Award of Rs.5000/- with citation will be given for his outstanding contribution in the field of technical education. This award has been instituted by the Pondicherry Psychology Association, Puducherry
- 3. IAAP-PPA Best Educationist Award 2011** is conferred on **Shri. R. Parthasarathy**, State Project Director, SSA, Puducherry: Cash Award of Rs.5000/- with citation will be given for his outstanding contribution in the field of school education. This award has been instituted by the Pondicherry Psychology Association, Puducherry
- 4. Prof. A. Gnanam Best Teacher Award 2011** is conferred on **Prof. D. Brahadeeswaran**, Prof and Head, Department of Policy Planning and Educational Research, National Institute of Technical Teachers Training and Research, Chennai: A certificate and cash award of Rs. 1000/- will be given to him for appreciating the role of outstanding teacher of the year. This award has been instituted by Dr. Panch. Ramalingam, Founder President, Pondicherry Psychology Association, Puducherry
- 5. Best Teacher Award 2011** is conferred on **Dr. R. Malini**, Head, Department of Psychology, Women Christian College, Chennai: A certificate and cash award of Rs.1000/- will be given to her for appreciating the role of outstanding teacher of the year. This award has been instituted by Prof. Mamota Das, Former Dean, Faculty of Education, Annamalai University, Annamalai Nagar.
- 6. Prof. B. Viswanatham Best Book Award 2011:** Prof. B. Viswanatham, Dean (Retd.), Faculty of Education, and Prof. and Head, Dept. of Psychology, Annamalai University has instituted an award carrying a certificate and a cash award of Rs.500/- each for the best book of the year related to psychology. Best Book Award 2011 will be given to **Mr. Ganesh Chella**, Chennai and **Dr. Sadique Razaque**, Head, Department of Psychology, Vinoba Bhave University, Hazaribag, Jharkhand.
- 7. Psychometric Educational Services Award 2011** is conferred on **Dr. P.A. Baby Shari**, Reader, Department of Psychology, Calicut University, Calicut, Kerala. A certificate and cash award of Rs. 1000 will be given for her outstanding contribution to the Psychometric Educational Services. This award has been instituted by GCC Trust, Veppur, Vellore District, Tamil Nadu.

**Dr. S. Suresh**  
Secretary

**Dr. B. Mukhopadhyay**  
President

## Golden Jubilee Year 47<sup>th</sup> National and 16<sup>th</sup> International Conference of the IAAP

15 - 17 June, 2012

**Theme:** Applied Psychology in Transforming  
Education and Management Sciences in the  
Context of Globalization

at

## Toc H Institute of Engineering and Technology

Arakunnam, Ernakulam, Kerala

For further details please contact:

**Prof. Dr.V. Job Kuruvilla**

Director, TIST

Email: iaaptist2012@gmail.com banmu@hotmail.com

## 14<sup>th</sup> National Conference on School Psychology

Puducherry

27<sup>th</sup> & 28<sup>th</sup> January, 2012

**Theme:** Current issues in psychological aspects  
of students' personal, school and family life.

**Sub themes:**

Teaching & learning, curricular & co-curricular activities,  
student-teacher interaction, class room management, dull  
& gifted students, absenteeism, bullying, academic  
achievement, life skills, morale, role of family & peers,  
stress, student's responsibilities & societal expectations,  
mental health & movement towards higher education.

For registration details contact:

**S. Suresh, PhD**

Assistant Professor,

Department of Psychology,

Annamalai University, Annamalainagar- 608 002.

Tel.: +91/0413/2667771, Mobile: +91/9442034971

Email: drssu@yahoo.co.in

Web: www.indianpsychology.net

**Pondicherry Psychology Association**

**Indian Academy of Applied Psychology**

**Indian School Psychology Association**

## Reflections

Dear Dr Panch Ramalingam

I was delighted to see the contents of the Newsletter. It gave me information about your ability to organize well meaning programmes in the field of Psychology.

Wish you all the Best.

yours'

**Prof. P Venkataramaiah**

(Former Chairman, NCTE, Bangalore), Mysore

Dear Ramalingam and Ravi,

Please accept my heartiest greetings for the occasion and I here by send my all wishes for a very grand success of the First InSPA National Conference 2011.

Prof. Panch Ramalingam, I personally admire you a lot for all that you are so selflessly doing for the growth of Psychology in India. My SALUTE!! Creating a forum for School Psychologists is a great move with paramount possibilities.

Once again wish you great success.

Kind Regards,

**Dr. C N Daftuar**, Salahkaar Consultants, Pune

Dear Sir,

I take this occasion to thank you in a very special way for all the hard work put in by you and your team for the success of the first Indian School Psychology Association National seminar at Jodhpur - Rajasthan. It was indeed a memorable and historic event and also a unique experience for me to participate in the conference. Your untiring zeal, encouragement and support made me to participate and present a paper during the seminar. Though it is late, I wish to congratulate and thank you sincerely for the success of the conference. May the Good Lord bless you and your undertakings during this Christmas season and all through the coming New Year 2012.

I am making some efforts to increase membership for North East India. One has to send me the application, as soon as he sends me the membership fee I will pass it on to you.

Yours Sincerely,

**P. Don Bosco**

Dear Sir

It was nice to be at Jodhpur, especially meeting eminent people of Psychology. My research scholars really enjoyed the interaction with experts. We are happy to host the next conference with your support and guidance.

**Baby Shari, P.A.,**

Calicut University

Calicut

## Reflections



### InSPA Meet at Ahmadabad

The following delegates participated in the Sheth CN Vidyavihar, Ahmadabad InSPA meet:

1. Prof. D SAMBANDHAN, Professor and Dean
2. Dr. B RANGAIAH, Reader,
3. Dr. S ROBINSON, Associate Professor
4. Dr. Panch. RAMALINGAM, Reader
5. Prof. P. JAYACHANDRAN, Professor
6. Shri. VENOUCHETTIAR Puducherry
7. Shri. B. DHANDAPANY Puducherry
8. Ms. V. VITHYA, Chennai

Sheth CN Vidyavihar Principal Dr. Purani welcomed the delegates and expressed his wish to start an InSPA chapter in Ahmadabad city. More than 150 teachers from various parts of the city participated in the meet.

Dr. Panch. RAMALINGAM, Secretary, InSPA briefly explained the activities of InSPA and stressed the need for InSPA chapter in Ahmadabad. Prof. D SAMBANDHAN, Professor and Dean, School of Social Sciences and International Studies, Pondicherry University delivered inaugural address stating the scope, nature, and socio economic status of the country to attend to school children for their betterment.

Prof. P. JEYACHANDRAN, Professor, Mental Health Services, Chennai. delivered a talk on mental health perspectives among school children and the role of school teachers. The programme ended with interaction with participant teachers.

Dr. Navin Patel and Dr. Jigger helped the delegates to visit Jodhpur from Ahmadabad. The InSPA State convenors are taking necessary steps to conduct state level/city level meets with the teachers.

***Let us get together, walk along with involvement and commitment to School Psychology.***



# Message

I am happy that the Indian School Psychology Association (InSPA) is organising its First National Conference on School Psychology: Challenges and Opportunities from 26<sup>th</sup> to 28<sup>th</sup> November, 2011 at Jai Narain Vyas University, Jodhpur. The department of Psychology of our University is hosting this national event.

When we see enormous fiscal fund being spent on School Education in India by both the State and Central Governments, we academics need to take definite and concrete steps towards strengthening the quality of education at school level. The mental health issues in India especially of Children below 14 (school going age) is indeed a crucial indicator for assessing the quality of education at school level. As rightly alerted by Nobel Laureate Amartya Sen, there is an emergent need for improving the quality of school education without which the goals of secondary and higher education cannot be realized. It is under this crucial moment, the first National Conference on School Psychology is being organised.

As I understand, the theme of the conference indicates that School Psychology in India is footing a step to establish its own identity in academics as well as research in India. It is a matter of concern that in the west, School Psychology has achieved immense prominence and growth, and in India it is in its infant stage. The need of School Psychology in the country is very essential when we look around the various issues of children in schools, which are hardly addressed by Social Sciences and Psychological Research in India.

Here I would like to suggest that each and every one of us to take an initiative to strengthen the school education and the school psychologists can play a vital role in coordinating the children with the parents, teachers, and school administration.. The School psychologists must realise that they should possess essential training and professional knowledge to address the issues of concern with scientific approaches for which the Higher Education Institutions should provide all necessary academic inputs.

The psychology departments of the higher education institutions in India should try to formulate need- based curriculum for School Psychology involving the scope and nature of the crucial issues to be solved in the country. We are proud that the Department of Psychology of our University is taking such an initiative at the national level so as to lit the light to throw the idea of School Psychology services to the nation.

I appreciate the efforts taken by local organising committee of the First InSPA National Conference on School Psychology to organise the conference successfully.

**Dr. B.S. RAJPUROHIT**  
Vice-Chancellor  
JNV University, Jodhpur

## **International SCHOOL PSYCHOLOGY ASSOCIATION**

**The Chicago School of Professional Psychology**  
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Chicago, IL 60654-8158 USA  
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[www.ispaweb.org](http://www.ispaweb.org)

## **Message from the ISPA President**

August 23<sup>rd</sup>, 2011

Greetings to our colleagues in India who hold their *First InSPA National Conference* on School Psychology: Challenges and Opportunities at JNV University, Jodhpur!

The International School Psychology Association ISPA and the Indian School Psychology Association InSPA have been collaborating closely since InSPA was founded 2 years ago. The highlight of our common endeavours was of course the 33<sup>rd</sup> ISPA Conference held in Vellore, Tamilnadu, in July 2011. At this conference we realised how much we follow the same route and are committed to the same mission.

School psychologists are active in many fields. Some are more involved with research and training, others with prevention, diagnostic assessment, counselling or intervention in case of critical incidents. They share their commitment to the mental health of students, their families and teachers, as well as to children's rights.

Tasks and functions are similar but opportunities and challenges can differ considerably from country to country. India is especially challenged with an impressing diversity of cultures and languages. It is a great achievement that every child in India has a right to free and compulsory education now! Schools are so important in the lives of children. Attending a school is a key opportunity and a protective factor in itself. It reduces the risks of child labour and social discrimination, and in the long run the risk of poverty. In the educational system school psychologists have a responsibility: to care for the mental well-being of school children. Even under difficult economic conditions they are capacity-builders, problem-solvers and counsellors who assist young people in a decisive period of their lives.

To all participants of the First InSPA National Conference in Jodhpur I wish a very successful and inspiring conference!

**Jürg Forster, PhD**  
President

International School Psychology Association

*Join with InSPA and share your expertise to promote School Psychology in India*



# Ensuring Education for All through School Psychology

**Dr. G.C. Upadhyay**  
NCERT, New Delhi

“Education for All” (EFA) covers education of all children, youth and adults. Its objectives are: to provide Early Childhood Care and Education to all children in 0-6 age group; achieve universal Primary and Elementary education; achieve 50% improvement in Adult literacy; achieve gender equality; provide life skills’ education; and improving all aspects of quality of education. School Psychology deals with the educational, emotional, social, and behavioural challenges that many children, youth, and young adults experience. School psychologists and teachers apply their understanding of human development, learning theory, the principles of effective instruction and effective schools, and the impact of parent and family functioning on children, to serve learners and their families. School Psychology helps students with learning problems; cope with family and life stresses and with behaviour problems. We have in India achieved universal access at the primary stage of education but the problem with regard to quality and equity related aspects remain. Quality of pre-primary education, retention of children in school and enhancing their achievement levels at elementary stage are of great concern. The causes of low success and high dropout rate are largely related to psychological aspects. School psychology, if applied effectively to promote education of children from diverse backgrounds, would be able to address various psycho-social problems hindering the realization of the objectives of EFA. The National Curriculum Framework 2005 advocated various measures to address the issues of quality through the process of textbook preparation and teacher training. Some of the guiding principles of NCF 2005 which have lot of bearing for implementing child centred education are –connecting knowledge to life outside school; reforming examination system and implementing continuous and comprehensive evaluation(CCE) , taking learning beyond text-books, shift from rote learning methods ; and nurturing overriding identity of the learners within the democratic polity of the country. Implementing all these measure would need deep understanding of psychological foundations of education.

The psychological foundations of learning during early childhood stage (preschool) are not optimally taken in to consideration while dealing with young children. As a result there is unwanted academic burden put on children. Early childhood is the stage when attitudes are being shaped, values are being inculcated and interests and aptitudes are being formed. Implementing play way approach at pre-primary stage requires a deep understanding of principles of child development and learning during early childhood stage. School Psychology, drawing from Social Psychology and Child Psychology, need to orient teachers and parents about the benefits of play at preschool stage.

At the elementary stage there is high rate of dropout of children, the causes of which are mostly psychological in

nature. Learning without burden has been a national resolve but its implementation would greatly depend upon our understanding about the ways children think and learn at primary upper primary stages. With availability of the psychological services in school system it is likely that children’s dropout rate will be reduced, learning will be improved, inclusive education will be promoted and gender parity and other dimension of social equity will be effectively addressed. School psychology can help students, teachers, families and administrators to improve school effectiveness. School psychologists should help teachers to provide counselling and mentoring to children having social, emotional and behavioural problems; increase their achievement levels by assessing barriers to their learning. It helps parents and communities to identify and address learning behaviour that interfere with school success, help in parenting skills and school collaboration. School psychologists work with administrators to collect and analyse data related to school improvement and students outcomes; promote policies and practices that reduce school violence and harassment, and garners support for comprehensive mental health programme. School Psychology has a vital role to perform in the context of RTE where it is envisaged that-children will receive education in an environment which is free from fear, anxiety and trauma; potentiality and talent of the child will be developed fully; children will not be subjected to corporal punishment; and education will be given in a child friendly and child centred manner. There is lot to do in all these aspects in order to provide child friendly learning environment in our schools. These issues can alone be addressed effectively by introducing psychological services in schools and applying our understanding of school psychology to the context of teaching learning processes. Psychological services are almost non-available in government school system. Providing the services of school psychologists for catering to the needs of children with special needs is must for ensuring education for all. To address the emotional and behavioural problems of general category children all teachers need to be equipped in using principles, techniques and methods of psychology to understand children and take appropriate measures to help children academically and emotionally. At present it seems that teachers, by and large, are not properly equipped to deal with psychological problems of children effectively. The reasons are lack of proper training of teachers and lack of sensitivity towards the psychological problems children face. Suicides committed by students during the period of their studies indicate that there is total lack of concern and sensitivity towards children and their social emotional and learning needs. Revamping the teacher training programmes both pre service and in-service, along with ensuring services of school psychologists, would be necessary if we have to ensure education for all.

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Abstract of the presentation made at the keynote session of the First InSPA National Conference held on 28.11.2011 at JNV University, Jodhpur, India.

# Proceedings



Jodhpur became part of the University. It is a residential university but the Colleges situated within the municipal limits of Jodhpur are affiliated to the University. Dr. S. Radhakrishnan, the President of India inaugurated the then University of Jodhpur on 24th August, 1962. In his inaugural address, he desired and defined the goals and objective of the then Jodhpur University now J.N.V. University "That the young people, who will be educated in this university, will go forward not as prisoners of the past, but as pilgrims of the future; will develop in them a spirit of dedication, a spirit of renunciation, a spirit of whole-hearted, single-minded concentration on the advancement of the knowledge, whether in science or humanities." The department of psychology, JNV University is strong academic department in the country to conduct research and other academic activities such as conferences. It has organised more than eight national and international conferences in various themes.

## Inaugural Session

Dr. Ravi K. Gunthey, Chair, LOC, welcomed the dignitaries and delegates, Dr. Panch. Ramalingam, Secretary, InSPA presented the detail report of InSPA activities of the past two years. He noted that the Indian School Psychology Association (InSPA) is a voluntary non-profit educational service society. The primary aim of the Association is to develop and promote School Psychology, value-based education and training to meet the needs of society and particularly to elevate the poor from poverty through school education. He stated that there are 124 members enrolled as on date and several initiatives have been initiated to promote School Psychology in India.

He highlighted that InSPA,, though has passed a short journey has created comparatively a long history. It has 100 founder members and 24 Life members as on today, out of which 26 members have been nominated as State convenors all over the country. In a short span of two years, the InSPA has organized 33rd Annual conference of the International School Psychology Association (ISPA) between 19 and 23 July 2011 at VIT Vellore, India. in collaboration with Indian Academy of Applied Psychology, and National Institute of Technical Teachers' Training and Research, Chennai and VIT University, Vellore.

Prof. G.P. Thakur, President, InSPA presided and delivered presidential address. In his presidential remarks, he explained the need and relevance of School Psychology in India. Taking sufficient support from the empirical studies, he stated that catering to the schooling and mental health needs of the 150 million school children in India is a greatest

challenge before the nation. Prof. Thakur said that though India constitutes about 22% of the world population, Indians constitute only 46% of the world's literate population which paints a very gloomy picture of Indian Education System.

In his discussion of the mental health status of school children, he noted that children and adolescents constitute roughly 40% of India's population and 10-13% of them suffer from behavioural, learning or developmental disorders. Also approximately 7,000 students in primary, secondary and post-secondary institutions committed suicide (NCRB, 2009). Against this background, he opined the dire need to identify and assist the students with academic and psychological problems. On the same occasion he highlighted the importance of InSPA and its initiatives in promoting School Psychology in India. At this juncture, Prof. Thakur appreciated the whole-hearted support of the International School Psychology Association in all the activities of InSPA.

Prof. Habib Ahmad, President, IAAP delivered special address and highlighted the importance of School Psychology movement in India. On this auspicious occasion he released the Special Issue the *Journal of the Indian Academy of Applied Psychology* on Indian Context of School Psychology. Prof. B. Mukhopadhyay received the first copy of the Journal. Prof. Sudhi Rajiv, Director, K.N.Girls College, Jodhpur felicitated. Prof. A.K. Malik, Head, Department of Psychology and Dean, Faculty of Arts & Social Sciences, Jai Narain Vyas University, Jodhpur delivered special address.

The Chief Guest Dr. J.P. Singh, Member Secretary, Rehabilitation Council of India, New Delhi inaugurated the conference and delivered the inaugural address. He explained the activities of the Rehabilitation Council of India and its role in developing mental health among school children. He stressed that the School Psychology development in India will help millions of children for better education within the frame of Indian education. He released the Book of Abstracts and Dr. L.R. Yagnik, Professor of Psychology, Vallab Vidhya University; V.V. Nagar received the first copy.

He also released the InSPA Members Directory (Mini Book). Dr. Baby Shari, State Convenor, Kerala received the first copy. Prof. D. Sambandhan, Dean School of Social Sciences and International Studies, Pondicherry University has released the Special Issue of the *Journal of Health and Well being* and Dr. G. Venkatesh Kumar, Professor of Psychology, Mysore received the first copy. Dr. Dileep Sharma proposed the vote of thanks and it was followed by group photo of all delegates.

## Conference Theme

The theme of the conference was "School Psychology: Challenges and Opportunities". The presentations for symposium, workshops, individual papers, and poster presentations were focussed on various issues related to School Psychology in India. The School Psychology is a challenging new field of study in India. This conference focussed on various sub themes such as:

- Development of professional competence in School Psychology to meet the challenges and opportunities in India;
- Exploring the diversity of intelligences, languages, cultures and gender in all types of minority and marginalised groups

- Support for Special School children
- Understanding learning difficulties and giftedness
- Mental health and school counselling
- Ensuring Education for All through School Psychology (equal educational opportunities)
- Integral School Psychology

## Keynote Speeches

There were three important Keynote Speeches at the conference. Prof. P. Jeyachandran, expert and practitioner in the field of Mentally Challenged Children, Chennai, gave the keynote address on the theme “School Psychology of Indian Experience” and it was chaired by Prof. B. Mukhopadhyay, Toc H Institute of Science and Technology, Arakkunnam, Kerala.

Prof. D. Sambandhan, Dean, School of Social Sciences & International Studies, Pondicherry University presented the second Keynote speech on “Indian Perspectives of School Psychology: Teacher Student Relationships.” Prof. Nov Rattan Sharma, Professor of Psychology, MD University, Rohtak, Haryana, chaired the session.

The third keynote address was on the theme “School Bullying and related Issues”, which was presented by Prof. G.C. Upadhyay, NCERT, New Delhi and Prof. Purnima Mattur, Former President, IAAP, New Delhi, chaired the session.

## Scientific Sessions

There were four concurrent scientific sessions at a time and covered more than 90 presentations and three keynote sessions. Each of these sessions has been devoted to one of the objectives of current research interest to advance School Psychology practices in India. The concurrent scientific sessions were chaired by eminent personalities in field of Psychology and Education like Prof. H.J. Narke, Baba Saheb Ambedkar Marathwada University, Aurangabad; Prof. Baby Shari, Calicut University, Calicut; Prof. L.R. Yagnik, S.P. University, VV Nagar; Shri. Prachi Khandeparkar, Goa; Prof. G. Venkatesh Kumar, Mysore University, Mysore; Dr. A.V.S Madnawat, University of Rajasthan, Jaipur, Dr. B. Rangaiah, Pondicherry University, Puducherry; Dr. Debdulal Dutta Roy, Indian Statistical Institute, Kolkata; Shri. B. Dhandapany, Senthil College of Education, Puducherry; Dr. Deepa Ghosh, Netaji Subhas Mahavidyalaya, Udaipur, South Tripura; Dr. Robinson, S., Perunthalar Kamarajar College of Education, Karaikal, U.T. of Puducherry; Dr. Shah Alam, Aligarh Muslim University, Aligarh; Dr. Suman, H.C., Himachal Pradesh; Dr. Sadique Razaque, Vinoba Bhave University, Hazaribag, Jharkhand; Dr. R.N. Rai, Shillong and Shri. Venouchettiar Francis, France.

## Conference Publication

There were altogether 120 research papers. Among them 29 selected papers have been published in the Journal of Indian Academy of Applied Psychology (Volume 38, Number 1: Special Issue on Indian Context of School Psychology). Another set of around 30 papers have been published in the *Journal of Health and Well Being*. All the accepted abstracts for oral presentation have been published as book of Abstracts.



## Cultural and Social Programmes

On the second evening of the conference Cultural Programme was arranged. Mrs. Manisha Soni and Mrs. Shivangi Purohit were the organisers of the programme. An Exhibition was a special feature where products made by Special Children were displayed. Mrs. Snehal Sharma coordinated the event. The delegates enjoyed the local trip to Jodhpur Fort, Umaid Bhawan Palace and Jaswant Thara.

## Children's Assembly

With the view to explore and nurture the talents of the children, the Children's Assembly was arranged for the children in the range of 14 to 17 years. Around 60 students and mentally challenged children from Jodhpur participated along with their parents and immensely enjoyed the event. Prof. G. Venkatesh Kumar, Professor of Psychology, Mysore University presented various dimensions of counselling the students and clarified the queries raised by the students and parents. This was a unique feature which definitely widened the scope of conference by initiating and encouraging student participation.

## Valedictory Session

Dr. Manisha Jain, LOC presented the report of the conference. Prof. Dr. B.S. Rajpurohit, Vice-Chancellor, JNV University delivered valedictory address. Prof. G.P. Thakur, President, InSPA presided, Prof. P. Jeyachandran and Prof. G.D. Koolwal also spoke on the occasion and the vote of thanks was proposed by Mr. Mahendra Kumar.

## Special Thanks

We are grateful to Prof. Dr. B.S. Rajpurohit, Vice-Chancellor, JNV University, Jodhpur for his guidance and support to organise the conference. Our sincere thanks are due to the LOC and its Chair, Dr. Ravi Kant Gunthey, Professor of Psychology, JNV University, Jodhpur for his efforts to organise the conference successfully.

We place on record our sincere gratitude to Prof. Habib Ahmad, President, IAAP, Prof. G.P. Thakur, President, InSPA, Prof. B. Mukhopadhyay, Secretary, IAAP and Prof. D. Sambandhan, Dean, School of Social Sciences, Pondicherry University, Executive members of the IAAP and InSPA Governing Council for their support in organizing this conference successfully. We are also thankful to all who have helped us by their kind words and deeds.

This conference is a mile stone in the history of InSP, which is steadily progressing to achieve its goal of promoting School Psychology in India.

***Indeed, the journey of thousand miles starts with a first step.....***



# Proceedings

## Report of the activities of the Indian School Psychology Association (InSPA)

**Dr. Panch. Ramalingam,**  
Secretary, InSPA

The Indian School Psychology Association (InSPA) is a voluntary non-profit educational service society. It (Reg.No. 583/2009) and the InSPA office is functioning at # 17, 14th Street, Krishna Nagar, Puducherry - 605 008, India. Its base of operation is Union of India. All its income shall be applied solely for the promotion of its aim and objectives and no part of its shall be distributed to any of its members.

The Indian School Psychology Association (InSPA) is a voluntary non-profit educational service society. It is a registered body (Reg.No. 583/2009) and the InSPA office is functioning at # 17, 14th Street, Krishna Nagar, Puducherry - 605 008, India. Its base of operation is Union of India. All its income shall be applied solely for the promotion of its aim and objectives and no part of its shall be distributed to any of its members.

### Governing Council

The management of the affairs of the Association is entrusted to the Governing Council of the Association in accordance with the Rules and Regulations of the Indian School Psychology Association

### Membership

There shall be two classes of membership, namely,

a) Life Member: All those who are qualified graduates with Psychology as one of the subjects, known to be of good character in the community, may become members of the Association and shall pay membership fee by remitting Rs.2000/- and will be called as life members.

b) Institutional Member: Institutions with interests related to the Association may become institutional members by remitting Rs. 10,000/- on one time basis.

### Inauguration of InSPA

The inaugural function of the Indian School Psychology Association (InSPA) was held on 9th January 2010 at Hotel Anandha Inn, Puducherry. Shri. P. KANNAN, Member of Parliament (Rajya Sabha), Delhi inaugurated and released the first issue of the InSPA Newsletter. In his inaugural address he stressed the need for appointing school psychologists in all schools. In each school at least 20 – 25 school psychologists must be appointed to look after the student problems. He stated that school psychologists alone can address and resolve the problems of students. He expressed his strong belief that the Indian School Psychology Association would definitely play a vital role in the school education not only at the regional but also at the national level and promised to help the InSPA to initiate issues of concern and develop the School Psychology at the national level.

The InSPA, though has passed a short journey has created comparatively a long history. It has 100 founder members and 24 Life members as on today, out of which 26 members have been nominated as State convenors all over the country. In a short span of two years, the InSPA has



organized ISPA Colloquium between 19-23 July 2011 at VIT Vellore, India. in collaboration with International School Psychology Association, Indian Academy of Applied Psychology, and National Institute of Technical Teachers' Training and Research, Chennai and Vellore Institute of Technology, Vellore.

The first InSPA National Conference is organised at Jai Narain Vyas University, Jodhpur from 26th to 28th November, 2011. There are more than 120 scientific research oriented papers for presentation in the scientific sessions. There are 30 concurrent scientific sessions are planned giving 20 minutes for each presentation. In addition to the presentation of papers four keynote speeches, a symposium, a workshop, a poster session, an exhibition of products made by the special children, cultural programme, social events and interactive sessions are also scheduled.

### Conference Publication

The delegates have submitted their abstracts/ papers following APA style on various sub themes. To ensure a consistent high quality of all the presentations, delegates are requested to submit their full text less than 5000 words well in advance. Among them 29 selected papers have been published in the *Journal of Indian Academy of Applied Psychology* (Volume 38, Number 1: Special Issue on Indian Context of School Psychology). Another set of around 30 papers have been published in the *Journal of Health and Well Being*.

We are grateful to Prof. Dr. B.S. Rajpurohit, Vice Chancellor, JNV University, Jodhpur for his guidance and support to organise the conference. Our sincere thanks are due to the LOC and its Chair, Prof. Ravi Kant Gunthey, Professor of Psychology, JNV University, Jodhpur for his efforts to organise the conference successfully.

We record our sincere gratitude to the Prof. Habib Ahmad, President, IAAP, Prof. G.P. Thakur, President, InSPA, Prof. B. Mukhopadhyay, Secretary, IAAP and Prof. D. Sambandhan, Dean, School of Social Sciences, Pondicherry University, Executive members of the ISPA and InSPA Governing Council for their support in organizing this conference successfully.

Presented at the inaugural session of the First InSPA National Conference held on 26.11.2011 at JNV University, Jodhpur, India.

# Welcome to Calicut

## 2nd InSPA National Conference

22-24 November, 2012

### Welcome to Calicut, Kerala, India.

The InSPA ([www.inspa.info](http://www.inspa.info)) is gradually stepping around the country to popularize School Psychology in India and encourage psychologists to play an active role in the larger interest to provide better education to children. The founder members of the InSPA are actively involved in the process of developing school psychology throughout the Nation. India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students' population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has multifaceted schooling systems which cater to the needs of the children. In India, the schools run by the state governments, both in urban and rural areas differ in many respects from the private English-medium schools that draw children by and large from economically prosperous families. Thus, the Indian setting today is characterized by the existence of schools of various standards, which may be distinguished on the basis of a number of indicators, including teaching methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire skills and abilities. We strongly believe that School Psychologists alone can provide the necessary professional guidance to children in schools. In this background the second national conference is proposed in Calicut University, Kerala with the theme "**School Psychology: Mental Health Challenges**"

Prof. G.P. Thakur  
President, InSPA

### University of Calicut

The University of Calicut, the second university to be set up in Kerala, came into being in 1968 with the objective of developing human resources in the northern districts of Kerala by extending the reach of higher education and by promoting research in all areas of development with particular emphasis on technology and art and culture of Kerala. Calicut University, as you all know is the second oldest and the largest University of the State of Kerala, that caters to the needs of a large number of rural, semi-urban and urban students of the state as well as to several national and international students. With '@irmaya Karmana Sree' as its motto, the University has surmounted challenges to emerge as the largest residential cum affiliating University in Kerala.



Dr.M.Abdul Salam  
Vice chancellor

The University has 35 Post- Graduate Departments, 333 affiliated colleges and 35 Self-Financing Centres, offering a broad range of career - focused, holistic and contemporary post-graduate courses in faculties such as Arts, Science, Commerce, Law, Pharmacy, Engineering and Technology, Management, etc.

The University made the beginning by taking into its fold the four postgraduate departments set up by the University of Kerala at Calicut and 54 constituent colleges spread across seven northern districts. With 'Nirmaya Karmana Sree' as its motto, the University has surmounted challenges to emerge as the largest residential cum affiliating University in Kerala. Its 31 post graduate departments and 304 affiliated colleges have now become a veritable light house beckoning lakhs of young men and women to benefit from higher education.

### Department of Psychology

The Department was established in 1976 as the second University Department in the State. Within a short span of time, less than a decade, the Department could prove 'its' worth in creating an awareness about the nature and applications of the discipline in the northern part of Kerala which was educationally and developmentally lagging behind. Starting with MA programmes focusing on two specializations, Clinical Psychology and Organizational Behaviour, the Department later introduced M.Phil and Ph.D programmes in different areas of specialization. Introduction of Credit Semester System by the University has helped the Department to widen the horizon of teaching and research including more streamlined specializations. At present the PG curriculum covers 21 such areas besides the traditional core areas. Doctoral researches are supervised primarily in the areas of Clinical Psychology, Organizational behaviour, Human Resource Management, Health Psychology, Guidance and Counselling, Educational Psychology, Sports Psychology, Psychology of Women and Interdisciplinary areas.

### CONFERENCE THEME

#### School Psychology: Mental Health Challenges.

Proposals for symposium, workshops, individual paper, and poster presentations are invited.

Today, school communities are challenged with many psycho-socio issues of children from different ethnicities, races, languages, religions, abilities, and disabilities. The School Psychology should be promoted in India to cater to the needs of the parents, teachers, school administration and policy makers.





# Conference



**Vikram Patel**

To achieve the objective described above, there will be 8 concurrent technical sessions and three keynote sessions. Each of these sessions will be devoted to one of the main objectives. The keynote sessions will have invited speakers only.

### Keynote Speaker:

**Vikram Patel** is a Professor of International Mental Health and Welcome Trust Senior Clinical Research Fellow at the London School

of Hygiene & Tropical Medicine (UK), the first academic institution to win the Gates Award for Global Health in 2009. He is the Joint Director of the School's Centre for Global Mental Health ([www.centreforglobalmentalhealth.org](http://www.centreforglobalmentalhealth.org)). He was the lead editor of both *Lancet Series* on Global Mental Health (2007 and 2011), the *PLoS Medicine* series on packages of care for mental and neurological disorders in developing countries (2009) and the *Lancet Series* on Universal Health Care in India (2011). He is a co-founder of Sangath, a Goa (India) based NGO, won the MacArthur Foundation's International Prize for Creative and Effective Institutions in 2008 ([www.sangath.com](http://www.sangath.com)). He is based in Goa, India where he leads a program of public health research and capacity development with Sangath and other partners focusing on three broad areas: child development, adolescent health and mental health.

**Submission of papers:** Delegates are requested to submit their abstracts/ papers following APA style (refer website: [www.jiaap.in](http://www.jiaap.in) for writing a research paper) on any of the listed sub themes. To ensure a consistent high quality of all the presentations, participants are requested to submit the abstract for 100-200 words and full text less than 5000 words well in advance **30th March, 2012** and not later than **04th June, 2012**. Abstract and full paper should be sent by email ([inspacalicut@gmail.com](mailto:inspacalicut@gmail.com)) or hard copy with CD in MS-Word format only.

### Registration Fee:

1 Out station InSPA Members	Rs.2,000
2 Outstation Non members	Rs.3,000
3 Outstation Student InSPA Members	Rs.1,500
4 Outstation Student Non Members	Rs.2,000
5 Local InSPA Members	Rs.1,000
6 Local Non Members	Rs.1,500
7 Accompanying Person	Rs.1,500

No TA/DA will be paid to the participant delegates. However simple accommodation will be provided on first-come-first-served basis.

For more information Contact:

LOC Chair, **Dr. Baby Shari** (Mob: 09846839369)

Organizing secretary: **Prof. C. Jayan**

Department of Psychology,

Calicut University, Kerala.- 673635.

Mob: 09446405056

For Accomodation, Contact:

Mr. Ameen Abdulla- 08547571960

### Dr. P. A. Baby Shari

#### LOC Chair, InSPA Calicut Conference 2012

Reader in Psychology  
Calicut University, Kerala

Areas of interest : Health Psychology, HRD, and Psychology of Exceptional children

Qualification:MA, BEd, PhD

Email:

[sharipadiyath@yahoo.com](mailto:sharipadiyath@yahoo.com)

#### Positions held

Member, P. G. Board of Studies

N.S.S. Programme Officer,  
Calicut University Campus

Sports Psychology Counsellor, P. T. Usha School of Athletics  
External Faculty, Dept. of Commerce & Management Studies,  
Calicut University.

Resource Person- S.S.A., I.C.D.S

Resource Person- Academic Staff College, Calicut University

#### Major Contributions

Organized several training programmes and workshops.

Organized camps and other social activities as N.S.S. Programme Officer.

Participated in several state, National and international level seminars

#### Papers Published:

Published 3 articles and two chapters in edited books.

Constructed 5 Psychological tests.

Baby Shari,P.A. (2009). Holistic Therapy to Enhance Health for Cardiac Patients. In Ojah,S., Srivastava,U.R. and Joshi,S.(Eds.) Health and Well Being: Some Emerging TrendS. New Delhi: Global Publishing House.

Baby Shari,P.A. & Jayan,C.(2007). Microlevel Exploration Of Hostility- The Deadly Psychological Constellation Leading To Ill Health. The psyche Space, Vol.1,1,

Baby Shari, P.A.& Jayan, C.(2007). Efficacy Of Relaxation: The Yogasana Way- For Stress And Health Problems. Indian Journal Of Applied Psychology, Vol.44.

Baby Shari, P.A.& Jayan,C.(2006) Adolescent Problems And Design Of A Multiphasic Intervention Strategy. In Proceedings Of Southern Regional Consultation Meet.Child Guidance Centre, National Institute Of Public Cooperation And Child Development, Bangalore.

Baby Shari, P.A.& Jayan, C.(2006). Mechanism And Management Of Stress And Hostility In Hypertensives. In Yadava,A & Sharma,N.R.(Eds.) Positive Health Psychology. New Delhi: Global publishing House.



**You are Most Welcome to**

**InSPA Conferece, Register now itself**



## Decisions

### Indian School Psychology Association (InSPA)

#### MINUTES OF THE GOVERNING COUNCIL AND STATE CONVENORS MEETING OF THE INDIAN SCHOOL PSYCHOLOGY ASSOCIATION (InSPA) HELD AT JNV UNIVERSITY, JODHPUR ON 27. 11. 2011 AT 9.30 AM.



#### InSPA GC and State Convenors Present

1. Dr. G.P. Thakur President
2. Dr. B. Mukhopadhyay - Vice President
3. Dr. Panch. Ramalingam - Secretary
4. Dr. B. Rangaiah - Treasurer
5. Prof. Habib Ahmad - Special Invitee
6. Prof. D. Sambandhan - Special Invitee
7. Dr. H.C. Suman - Shimla, Special Invitee
8. Shri. B. Dhandapany - State Convenor (Puducherry)
9. Dr. Sadique Razaque - State Convenor (Hazaribag)
10. Dr. Shah Alam - State Convenor (Aligarh)
11. Dr. R.N. Rai - State Convenor (Shillong)
12. Fr. P. Bosco, - State Convenor (The Nagaland)
13. Dr. Baby Shari, P.A. - State Convenor (Calicut)
14. Dr. Deepa Ghosh - State Convenor (Tripura)
15. Dr. A.S. Madnawat - State Convenor (Jaipur)
16. Dr. Ravi K. Gunthey - Chair, LOC, Jodhpur
17. Prof. P. Jeyachandran - Member
18. Dr. L.R. Yagnik - Member
19. Dr. D. Dutta Roy - Member
20. Prof. Nov Rattan Sharma - Member
21. Dr. S. Robinson - Member
22. Dr. G. Venkatesh Kumar - Member
23. Shri. Kiranthi - Member
24. Ms. A. Christy Alponse - Member
25. Ms. Manju Alexander - Member
26. Dr. Navin Patel - Member
27. Dr. Jigger Paerikh - Member
28. Dr. Madhu Anand - Member

At the outset Prof. G.P. Thakur, President, InSPA briefed the members about the need of the Indian School Psychology Association in India. He appreciated the members for their active participation in the first national Conference. Then, the agenda items were taken up for deliberation and the following resolutions were passed unanimously.

1. Considered to appreciate the LOC for the conduct of first Annual Conference of InSPA

Resolved to appreciate the LOC for conducting the First InSPA conference from 26 – 28 November 2011 successfully.

#### 2. Considered the Nominations for InSPA City Convenors (2011-2013)

Resolved unanimously the nominations for InSPA City Convenors (2011-2013) as follows:

Sl.No.	City	InSPA City Convenor
1	Pune	Ms. Manju Alexander
2	Ahmadabad	Dr. Jigger Parikh
3	Kurukshetra	Dr. Umed Singh
4	Bangalore	Dr. Sreenivas, M
5	Jaipur	Dr. Monika Pawan
6	Karaikal	Dr. S. Robinson
7	Ooty	Ms. A. Christy Alponse

#### 3. Considered date and venue of the second National conference

Resolved to approve the request made by Dr. Baby Shari, P.A. for conduct of second InSPA National conference on 22-24 November, 2012 at Calicut University, Calicut.

#### 4. Considered dates and venue of the School Psychology International training programme

Resolved to approve the conduct of School Psychology training programme from 27th January to 01 February, 2012 at Puducherry. Prof. Peter T. Farrell, UK Mrs. Coosje Griffiths, Australia and Prof. Bill Pfohl, USA have agreed to conduct the training programme. The InSPA will meet their travel and hospitality expenses at Puducherry for a week.

#### 5. Considered Awareness Programme on School Psychology in various educational institutions

Resolved to approve the conduct of the following programmes in collaboration with other professional organisations:

1. In collaboration with Pondicherry Psychology Association and Indian Academy of Applied Psychology- 14th National Conference on School Psychology on 27-28 January, 2012

2. In collaboration with Raja Desingh College of Education, Gingee - International seminar on school psychology on 28 January, 2012

3. In collaboration with Sri Renugambal College of Education, Polur - International seminar on school psychology for Teacher Educators on 29 January 2012

4. In collaboration with Achariya College of Education, Puducherry - International training on Friendly and Safe Schooling between 01 and 03 February, 2012 at Achariya College of Education, Puducherry

#### 6. The meeting came to an end by proposing vote of thanks to the chair.

*The House rose at 10:30 PM.*

President, InSPA Secretary, InSPA

# To Know your State

## Karnataka: School Education

Dr. Suneetha J. Hangal, Hubli, Karnataka

Karnataka is one of the educational hubs of India. Karnataka has 30 districts. One of the directive principles of State Policy given in the Constitution of India relates to providing free and compulsory education for all children in the country up to the age of 14 years. The Government of Karnataka is committed to ensure free, universal, compulsory and quality education for the children in the age group of 6-14 years. There are 48,987 government primary and high schools in the State and they mainly cater to the educational needs of around one crore children from the low and middle socio-economic strata of the society. Apart from this there are also many other private schools mainly serving the children from the privileged class. The government, aided and unaided high schools in the State come under the Director, Secondary Education. Secondary education is free in the state, but it is not compulsory like the primary education. The enrolment in secondary education has improved in the last decade due to the universalization of primary education. Around 15% (Rs.7, 700 crore ) of the total budget has allocated for school education.

### Literacy Level

According to Census 2011, 3.75 crore people live in rural areas while 2.35 crore reside in cities and towns. There is steep decline of 11% in children (below 6 years) in rural areas. The rural-urban literacy gap which was 21.25% points in 2001 has come down to 17.35% points in 2011 but it is below the percentage point of All India rural-urban literacy gap. The rural literacy rate in state was 59.33% points in 2001 and has improved to 68.86% points in 2011. The urban literacy rate was 80.58% point in 2001 has climbed to 86.58% points. Dakshina Kannada district with a rural literacy rate of 85.34% points tops the chart and Yadgir district with rural literacy rate of 47.47% points is at the bottom of the list. The Census 2011 also revealed that there is more improvement in female literacy than in male literacy in both rural and urban areas. The gender gap in literacy has come down from 22.44% points in 2001 to 18.32% points in 2011 in rural areas and from 12.54% in 2001 to 8.83% points in 2011 in urban areas.

### Government Initiatives

The State Government has expressed its commitment to Universal Education not only by increased budgetary allocation but also through other initiatives. Schemes like supply of text books, bags, uniform, mid-day meals, bicycles, bus-fare concessions etc have gone a long way in strengthening the schooling system in Karnataka. Myriads of other attractive programs like Ashakirana, Chinnara Angala, Oduve Naanu, Nagu Nagutta Ganita, bridge courses, remedial



teaching etc have improved the quality of education.

This apart, there is a unique programme called "School Nurturing Programme" by Department of Education in Karnataka, where collaboration between the needy school and the community/a nurturer is established. The main objectives of this programme is to

- (a) Create a pool of partners committed to strengthening the education sector,
- (b) Extend support to individuals, organizations and Institutions to work with schools and
- (c) Lessen the urban-rural disparities.

Hence, taking the needs of the schools, children and local issues into considerations, interventions are provided. The four main areas of interventions are mainly

(a) Capacity building and Training which includes in-service trainings and orientations to teachers, educational tours to students and teachers, sports meet, cultural melas, nature camps, personality development camps, training in art/handicrafts etc.

(b) Teaching and Learning related Activities encompass development of library and provision of books, reference materials, hands on activity kits, audio-visual aids, laboratory equipments computer labs and furniture.

(c) Supportive Activities in the form of granting scholarships, adopting poor and orphan children, value addition to mid-day meal scheme in the form of additional food material, plates, rice-boilers; support to physically challenged children etc. are provided.

(d) Construction Activities- It involve construction and renovation of class-rooms, sanitation, drinking-water facility, playground, development of school garden

# To Know your State: Karnataka

and kitchen gardens etc.

## Other Initiatives

To ensure and maintain excellence in education, various NGOs are also working with the government. 'Asha' has been supporting the government and other agencies involved in curriculum development, developing educational materials, conducting teacher training and awareness workshops to improve the quality of schooling as well as infrastructure especially in government schools. Several projects of Asha with foreign funds have really benefitted the government schools in several districts-'Sikshana Vahini', a program to complement the goals of Sarva Sikshana Abhiyan(SSA) strengthened primary education in government schools in Bijapur district; 'Sikshana Gangothri' is another Integrated Educational Model focusing education at all the 3 levels-preschool, school and adult, has been initiated to address the educational needs in Kolar, one of the backward districts of Karnataka.

Another important organization which is committed to improve the standards of education in Karnataka is 'Azim Premji Foundation'. It has taken the following initiatives in Karnataka:

- Learning Guarantee Programme which is assessment led reform and the State government has extended this concept to all 46,00 schools under Karnataka State Quality Assessment Organization(KSQUO)

- Technology initiatives like computer-aided learning, Child Friendly schools- 350 schools are the beneficiaries

- Migrant Labourer Children's Education Programme –schools at 2 construction sites in Bangalore city

- Education Management programme-capacity building programme planned by the Government of Karnataka for all the 53,000 education functionaries

- Namma State where the community role in education is recognized and has reached 74 schools.

There are various other NGOs dealing with the key issues like classroom reforms, teacher-student ratio, use of technology for education etc. which has changed the nature of education.

## Higher Education

Apart from primary and secondary education, the higher education in Karnataka is also at the crossroads of radical changes. The Department of Pre University Education functions entirely independent of high school system in Karnataka. Already 13 State Boards of higher education and 2 National Boards (CBSE and ICSE) have adopted the National Core curriculum in Science prepared by the Central Board of Secondary Education (CBSE) on the basis of National Curriculum Framework



(NCF), 2005. Soon Karnataka will also follow suit by adopting the NCF syllabus for PUC I & PUC II for Science (2012-14) and for Arts (2014-15).

At present, students from Karnataka write up to 14 various Entrance Examinations for admission to undergraduate medical and dental courses. Engineering aspirants write up to 8 such examinations. But from the academic year 2012-14, only one National Eligibility-cum-Entrance Test for Medical /Dental courses and a single common entrance test for Engineering / Management courses will be introduced. Though these positive changes are necessary to enhance the quality of education and lessen the burden of students, there are lots of apprehension, fear, anxiety as well resistance students, parents, teachers and some sections of government.

## Need for School Psychology

Hence, at this juncture there is vast scope for the application of School Psychology in Karnataka. To speak about quality in higher education is meaningless without addressing the challenges of primary and secondary education. Indian School Psychology Association can coordinate at various levels with parents, teachers and management. School Psychologists can help the education system by

- Providing training to various groups of functionaries like, students, teachers and administrators
- Developing modules for curriculum and training
- Initiating examination reforms
- Creating awareness regarding the fields of education and government policies
- Conducting Stress Management workshops
- Providing training and service in psychometric testing
- Counselling services for mental health problems of students as well as teachers.

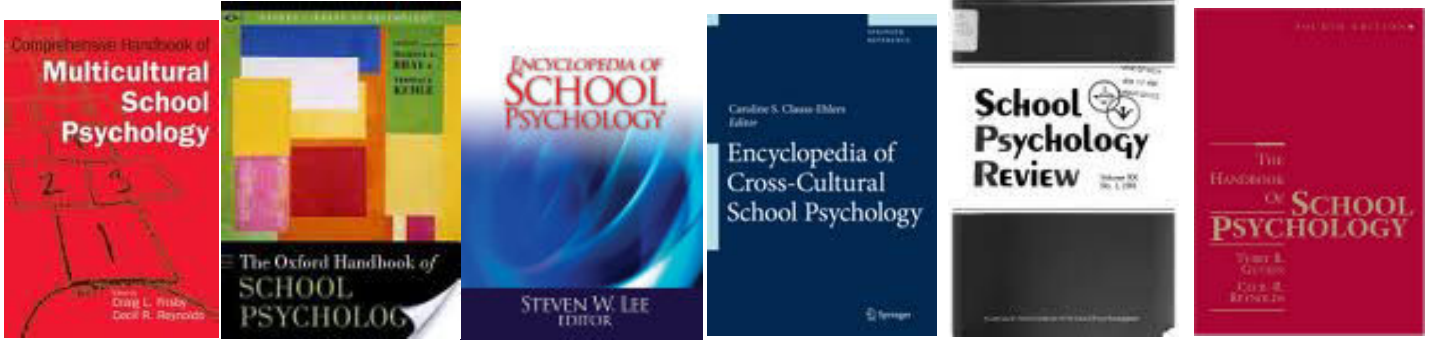
*"No nation can move forward unless we are able to send our children to universities from schools"*

*-Kapil Sibal*

*Hon'ble Union Minister for Human Resources,  
New Delhi*



# ISPA Affiliate Organizations



## International School Psychology Association

### ISPA Affiliate Organizations

#### **Austria:**

Berufsverband österreichischer Schulpsychologinnen und Schulpsychologen (BöSS)

**China:** School Psychology Association of China

**Crisis Management Training in the European Union:** European School Psychology Centre for Training (ESPCT)

**Finland:** Finnish School Psychology Association

#### **France:**

Association Française des Psychologues de l'Éducation Nationale (AFPEN)

Association Nationale des Psychologues de l'Enseignement Catholique (ANPEC)

**Germany:** BDP Sektion Schulpsychologie

**Greece:** HPS Hellenic Psychological Society

**India:** Indian School Psychology Association (InSPA)

Indian Academy of Applied Psychology (IAAP)

**Ireland:** The Psychological Society of Ireland, Division of Educational Psychology

**Portugal:** Ordem dos Psicólogos

#### **Russia:**

Samara Branch of the International School Psychology Association

#### **Spain:**

Consejo General de Colegios Oficiales de Psicólogos (COP)

#### **Switzerland:**

Schweizerische Vereinigung für Kinder- und Jugendpsychologie (SKJP)

#### **United States:**

Illinois School Psychologists Association

The Massachusetts School Psychology Association

The New Hampshire Association of School Psychologists (NHASP)

Wisconsin School Psychologists Association (WSPA)

The Society for the Study of School Psychology

#### **ISPA New Central Office:**

International School Psychology Association (ISPA)  
Leidseplein 5

1017 PR Amsterdam

The Netherlands

Phone: +31-20 623 36 77, Fax: +31-20 625 59 79

## National Associations of School Psychology

#### **Australia:**

Australian Guidance and Counseling Association.

**Denmark:** Paedagogiske Psykologers Forening

**Finland:** Suomen Psykologiliitto, Finnish Union of Psychologists

**France:** Association Française des Psychologues de l'Éducation Nationale (AFPEN)

Association Nationale des Psychologues de l'Enseignement Catholique (A.N.P.E.C.)

#### **Georgia:**

The Georgian Professional Psychologists Association

**Germany:** Sektion Schulpsychologie im Berufsverband Deutscher Psychologen.

#### **Greece:**

Greek Association of School Psychologists.

Division of School Psychology of the Hellenic Psychological Society

**Iceland:** Felag Salfraedinga i Skolum

**India:** Indian School Psychology Association (InSPA)

**Israel:** Israel Psychological Association

#### **Latvia:**

Latvian Association of Professional Psychologists (LAPP)

#### **The Netherlands:**

Dutch Association of Psychologists, Youth Division, Section of School Psychologists

**Norway:** Forum for Psykologer i Skolen.

**Russia:** Russian Federation of Educational Psychologists

#### **Slovakia and the Czech Republic:**

School Psychology Association of the Slovak and Czech Republic

#### **Sweden:**

Föreningen Psykologer i förskola och skola

**Switzerland:** Schweizerische Vereinigung für Kinder- und Jugendpsychologie

#### **Turkey:**

Turkish Psychological Counseling and Guidance Association.

#### **United Kingdom:**

Association of Educational Psychologists (AEP).

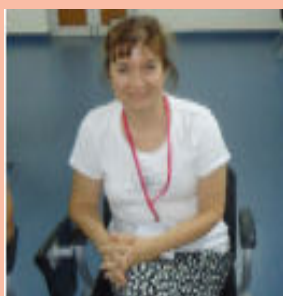
Division of Educational and Child Psychology (DECP) of the British Psychological Society

#### **U.S.A.:**

American Psychological Association Div. 16.

National Association of School Psychologists (NASP)

International Institute of School Psychology



## 34th ISPA Conference

9 - 13 July, 2012, McGill University, Montreal, Canada

**Theme: Helping the World's Children Realize their Dreams**

**Contact: Ms. Suzette Goguen (LOC Chair), McGill University**  
Department of Educational and Counselling Psychology  
3700 McTavish Street, Montreal, Quebec, Canada H3A 1Y2  
Telephone: 514 398-3450 Fax: 514 398-6968 • Cell.: 450 230-6015

### Welcome to InSPA New Members

(up to 31.12.2011)

109/2011 Dr. Bharati Roy, Ranchi  
110/2011 Mrs. Christy Alphonsa, A, Ooty  
111/2011 Dr. R. Subasree, Chennai  
112/2011 Dr. Zokaitluangi, Mizoram  
113/2011 Mr. R. Suryakumar, Chennai  
114/2011 Ms. Manju Elizabeth Alexander, Pune  
115/2011 Ms. Padma Chandrasekar, Chennai  
116/2011 Ms. P. Malathi, Chennai  
117/2011 Ms. C. Pavithra, Chennai  
118/2011 Ms. V. Padma, Chennai  
119/2011 Ms. B. Padma Priya, Chennai  
120/2011 Ms. Sandhyarani Ramadass, Chennai  
121/2011 Ms. Nafisa G. Khan, Chennai  
122/2011 Dr. Navin A. Patel, Ahmadabad  
123/2011 Dr. Himani Bhattacharya, Kolkata  
124/2011 Dr. A.V. Singh Madnawat, Jaipur  
125/2011 Prof. P. Jeyachandran, Chennai  
126/2011 Prof. Porulben Shantilal Naik, Valsad  
127/2011 Dr. Nisha M. Tajpuria, North Gujarat  
128/2011 Ms. Desai Trusha, R., Ahmadabad  
129/2011 Dr. Monika Pawan, Pali  
130/2011 Mr. Avinash Vallabhbai Patel, Surat  
131/2011 Dr. Sreenivas, M., Bangalore  
132/2011 Ms. Vandana Rai, Bareilly  
133/2011 Dr. H.C. Suman, Solan, H.P. State

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### From the Editor's Desk...

We deem it a great privilege to bring out this 'InSPA Newsletter', a communicative channel among members. The prime aim is to propagate the activities of the Association such as conferences, training programmes, publication of books, news and views, etc.

We welcome you as a friendly advisor to give suggestions if any to improve the newsletter so as to reach across the nation and abroad

Yours

**Dr. Suneetha J. Hangal**, Editor.

Last date for submission to the April 2012 issue of InSPA Newsletter: February 28, 2012. Submit news letter articles to

**Dr. Suneetha J. Hangal**

Email: [suneetha.j.hanagal@gmail.com](mailto:suneetha.j.hanagal@gmail.com)

# IAAP PUBLICATION

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# InSPA Newsletter



Prof. D. Sambandhan and Prof. P. Jeyachandran addressing the teachers of Ahmedabad. Prof. Purani welcoming the delegates



Dr. Panch. Ramalingam, Prof. Habib Ahmad and G.P. Thakur addressing in the inaugural session of the first conference of InSPA



Dr. Baby Shari, P.A. receiving the InSPA Members Directory

Prof. P. Jeyachandran Keynote address in the first conference of InSPA

InSPA Governing Council Members Meet



Poster presentation during the first conference of InSPA



InSPA delegates at Ahmedabad Airport



Ms.V. Vithya receiving her certificate from Prof. B. Mukhopdhyay



InSPA delegates at the conference venue



InSPA delegates at the conference venue