

InSPA Newsletter



Vol.5 No.4 October 2014 Indian School Psychology Association (InSPA) www.inspa.info



Participants of the First Workshop on School Psychology at RMSA, Puducherry (21 – 22 July, 2014)



HIGHLIGHTS...

- InSPA New Governing Council
- In SPA State Presidents
- Welcome to InSPA International Conference at Gauhati University, Guwahati, Assam
- InSPA Workshop on School Psychology at Trinity Academy, Tiruvarur
- InSPA - RMSA Workshops on School Psychology
- Minutes of the Governing Council Meeting

Welcome to InSPA International Conference

(21-23 November, 2014) at Gauhati University, Guwahati, Assam, India.



Dr. Panch. Ramalingam with Dr. A. Ra. Sivakumaran



Participants of the 3rd Workshop on School Psychology at RMSA, Karaikal
(22 – 23 July, 2014)



Participants of the 4th Workshop on School Psychology at RMSA, Karaikal
(22 – 23 July, 2014)

Welcome to InSPA Annual International Conference

21-23 November, 2014 at Gauhati University, Guwahati, Assam, India

Theme: "School Psychology: Enhancing Psychological Competencies among School Students for Overall Development"

Gauhati University, Guwahati, is the oldest University in North East India. It is the venue of the International Conference of InSPA. The University campus is situated at the western fringe of Guwahati, about 15 kilometers from the city Centre, and with the mighty Brahmaputra to the North. It has a sprawling scenic and serene campus with an inspiring, peaceful and congenial environment.

The Department of Psychology, Gauhati University was established in 1986 with the objective of introducing psychology in the state and is the first Post Graduate Department of Psychology in Assam. Apart from running the MA and PhD programmes successfully since its inception, the department is making effort to take Psychology to the community/society and has made inroads by training counselors working under State AIDS Control Societies of the North East and also providing the counsellors with Supportive Supervision by highly qualified and experienced Counselling Supervisors. Thus, the Department envisages to take School Psychology close to the community of students of Assam.

The Indian School Psychology Association (InSPA) is a voluntary non-profit School Psychology service society established in 2009. The primary aim of the Association is to develop and promote School Psychology, value-based education and training to meet the needs of society and particularly to elevate the poor from poverty through school education.

Keynote Speaker:

Ms Coosje Griffiths, Manager Student Support: Complex Learning & Wellbeing, Statewide Services, Department of Education, Western Australia.

Leadership Workshop:

The workshop will be held on second the day of the conference between 09.00 a.m. and 12.00 noon. The participants are invited members and State Conveners of InSPA. The following experts will be the Resource Persons for the workshop:

Prof. G.P. Thakur

Prof. B. Mukhopadhyay

Dr. Panch. Ramalingam

Workshop on School Psychology:

The aim of this workshop is to enable practitioners, researchers, or other educational professionals/teachers to equip themselves with specific new techniques, methods and tools so that they can enhance the psychological competencies of school children for their overall development.

(Three day workshop will involve interactive and cooperative activities and discussions among a limited number of participants. The participants need to register separately in advance). This workshop will be handled by the following Resource Persons:

Dr. Coosje Griffiths, Australia

Prof. G.P. Thakur

Prof. B. Mukhopadhyay

Prof. Ratna Natarajan

InSPA New Governing Council

(01.04.2014 to 31.03.2017)

President

Prof. B. Mukhopadhyay, Chennai

Vice-Presidents

Dr. R.N. Rai, Shillong

Dr. Baby Shari, P.A., Calicut

Secretary

Dr. Panch. Ramalingam, Puducherry

Joint Secretaries

Dr. R.J. Solomon, Mumbai

Dr. S. Suresh, Chidambaram

Treasurer

Dr. Surender Kumar Sia, Puducherry

Dear Fellow InSPA Members

We deem it a great pleasure to announce that InSPA completed its 5th Year in August 2014. Within such a short span, InSPA contributed immensely for a positive change in the lives of many, especially children! We thank all our colleagues in India and around the world for their guidance and encouragement towards InSPAs' growth. As we strengthen our core, we look forward for your continued faith and support in all our endeavours.

Yours sincerely,

Dr. Suneetha J. Hangal

Editor, InSPA Newsletter

Email:suneetha.j.hanagal@gmail.com

Dr. Panch. Ramalingam
Prof. P. Jeyachandran, Chennai
Dr. D. Dutta Roy
Dr. Deepali Batra, New Delhi

Children's Assembly:

This is a special event of the InSPA to help and motivate the children. The Children Assembly will be held on second day of the conference at 11.00 am. The children from various places in and around Guwahati region will assemble and interact with the School Psychology experts.

Proposal for Presentation

Proposals for symposia, workshops, individual paper, and poster presentations are invited. Today, school communities are challenged with many psychosocial issues of children with varied social, religious, lingual backgrounds and differential abilities and limitations. Hence, School Psychology should be promoted in India to cater to the needs of students, parents, teachers, school administration and policy makers.

Papers: The purpose of a paper presentation is to provide a platform for oral presentation and deliberation of research findings. (Twenty minutes would be given for each paper, including questions from participants). Papers should report on recent developments in applied educational or school psychology in relation to the theme of the conference.

Posters: The purpose is to offer a visual display of presentation, in an attractive way, on a given poster space. Presenters should also offer additional information in the form of leaflets or brochures.

Symposia: A symposium permits discussion of a main topic from various points of view. A coordinator is responsible for inviting presenters to speak (Format: one coordinator and two or more invited presenters, with 20 minutes each for presentation).

Submission of Papers for Oral Presentation/ Publication:

Delegates are requested to submit their abstracts/ papers following APA style (refer website: www.inspa.info) on any of the listed sub themes. To ensure a consistent high quality of all the presentations, participants are requested to submit the abstract in 100-200 words and full text around 5000 words can be sent on or before 30th October, 2014. Abstract and full paper should be sent in MS-Word format only by email to inspaindia@gmail.com.

Best Wishes from the Near & Dear ones.... Annual InSPA Conference 2014, Guwahati, Assam

I would like to congratulate the conference organizers, in particular Professor Indranee Phookan Borooah, for putting together such a stimulating and enriching program for the annual conference of the Indian School Psychology Association (InSPA). The overall objective for the conference, the main theme and sub-themes, the workshops and children's assembly address fundamentally important issues that are crucial for the future well being of children, schools and families throughout India. I am confident that delegates will benefit tremendously from participating in all these events.

Personally, I have very fond memories of attending the last two InSPA conferences that were held in Calicut and Chennai. I am delighted to see that so many of my friends and colleagues will be in Guwahati. I only wish I could be with you this time.

I wish the conference every success!!

Peter Farrell

Professor Emeritus in Educational Psychology
Manchester University Institute of Education, UK
Former President, ISPA

"Enhancing Psychological Competencies among School Students for Overall Development"

Dear Colleagues,

Welcome to a place famous for its natural beauty and its relics of history, welcome to a conference prepared by colleagues highly engaged to forward education and psychology in order to serve community and state and to improve youngsters' lives! The conference-program is responding to present challenges of rapid change and heterogeneous population, bringing together quality professional knowledge and expertise, providing a forum for interactive exchange among colleagues and stakeholders in the field of School Psychology, education and social policy, creating awareness for needs and problems, viable innovations and strategies and establishing co-operations.

Congratulation to the well-chosen conference theme fitting to the year of the 25th anniversary of the UN-Convention of Children's Rights, which is founded on psychological principles! Congratulation also to the Peace Noble Prize 2014 awarded to a youngster and a pioneer from your country and region, both promoters of children's education, well-being and safety! Their fight is based on two basic pillars of the convention: nurturing and protection. The conference theme is focusing on the often neglected third basic pillar, "children's participation".

Annual InSPA International Conference, 2014
Theme: "School Psychology: Enhancing Psychological Competencies among School Students for Overall Development" at Gauhati University, Assam, India
21 – 23 NOVEMBER, 2014
TENTATIVE SCHEDULE

November 21st, 2014 (Friday)

9.30AM – 11.30 AM INAUGURATION **PD Seminar Hall**
Key Note Address on the Theme of Conference

Chief Guest: Education Minister, Assam.
 President: Prof. B. Mukhopadhyay, InSPA
 Inaugural Address: Prof. G .P. Thakur, New Delhi
Distribution of School Psychology Services Awards
Distribution of Best Paper Awards
 Keynote Speaker: Dr. Coosje Griffiths, Australia

11.30 AM – 12.00 NOON TEA BREAK

12.00 NOON – 2.00 PM Hall 2

Addiction: Substance, internet, cell phone, etc:
 Prof. Shamin Ansari, Aligarh Muslim University

3.00 PM – 5.00 PM HALL 2

Abuse: Sexual, physical, emotional, neglect:
 Prof. Madhu Anand, MD University, Rohtak

12.00 NOON – 2.00 PM HALL 1

Vulnerability of self harm & suicide:
 Dr. S.K. Deuri, Director, LGB Regional Institute of Mental Health, Tezpur

3.00 PM – 5.00 PM HALL 1

Childhood disorders & physical disability:
 Ms. Mukta A. Daga, School Psychologist, Mumbai

12.00 NOON – 2.00 PM HALL 3

Relationships: Student, teacher, peer, family, co-worker: Prof. N.K. Saksena, Kanpur, UP

3.00 PM – 5.00 PM HALL 3

Love & Romance: Dr. N.V.S. Suryanarayana, Dept. of Education, Andhra University Campus, Vizianagaram, AP

12.00 NOON – 2.00 PM HALL 4

Students & cultural change: ethnicity, identity, racial discrimination: Prof. N. G. Mahanta, Department of Pol. Science, Gauhati University

LUNCH BREAK from 2.00 pm to 3.00 pm.

3.00 PM – 5.00 PM HALL 4

Interaction between student & community, gender & equality: Ln. Dr. Ratna Natarajan, Thiruppathur, Tamil Nadu

3 PM – 5 PM HALL 5

Symposium:

Psychological Tests Developed for School Going Adolescents in India
 Coordinator: Sreehari Ravindran, School of Life Skills Education & Social Harmony, Rajiv Gandhi national Institute of Youth Development, Tamil Nadu

4.00 PM HALL 6

InSPA Governing Council and General Body Meeting of all Members of the InSPA

AFTERNOON TEA to be served at 4.00 pm at each venue of Scientific Sessions

November 22nd, 2014 (Saturday)

11.00 am to 1.00 pm CHELDREN ASSEMBLY HALL 1
ASSEMBLY OF SCHOOL STUDENTS

Here social learning and psychological competences are stepping in as key educational goal: learning about self, about others, about society, about future. Psychological Science can help to create protective qualities and to avoid risks, to strengthen self-respect and self-care, to communicate effectively, to deal with conflict and barriers. It can model health- and peace education and efforts for inclusion.

Psychology has developed good practice models, in which methods of management, training, counseling etc. are combining elements of prevention and intervention in a strategic framework. For effective use co-operation and agreements and political support are necessary, but students' participation has proved to be a key for efficacy.

My wishes for your conference: a stimulating exchange strengthening your ideas for improvement: success in creating awareness and cooperation among those responsible in mental health and education; progress in steps responding to the needs of the young generation without leaving a single child behind.

October 2014

Dr. Erika E. Voigt
 School Psychologist,
 Psychotherapist,
 Göttingen, Germany.

9.30 AM – 11.30 AM HALL 2
Life skills education: Dr. A. Radhakrishnan Nair,
President, LSEA, Hyderabad, India

12 NOON – 2 PM HALL 2
Professional ethics of school personnel:
Dr. Debbulal Dutta Roy, Psychology Research Unit
Indian Institute of Statistics, Kolkata.

3 PM – 5 PM HALL 2
Impact of media for moral development:
Mr. Pranab Bora, Editor, The Telegraph

9.30 AM – 11.30 AM HALL 3
Moral Development: value education in schools:
Fr. Johnson Parackal, Director, Don Bosco Institute,
Guwahati

12 NOON – 2 PM HALL 3
Moral Development: role of family, peer & community:
Dr. Shah Alam, Department of Psychology
Aligarh Muslim University

3 PM – 5 PM HALL 3
Moral Development for promoting values against
corruption: Prof. P. Jeyachandran, President, Vijay
Human Services, Chennai

9.30 AM – 11.30 AM HALL 4
Emotional Adjustment and maturity of students:
Dr. Navin A. Patel, Associate Professor of Psychology,
Ahmadabad

12 NOON – 2 PM HALL 4
Coping skills & resilience in the face of adverse
situations: Dr. Suneetha J. Hangal, Head, Department
of Psychology, SK Arts College, Hubli

3 PM – 5 PM HALL 4
Emotional Intelligence, achievement & failure:
Dr. R.N. Rai, Head, Centre for Distance Education,
NEHU, Shillong - Meghalaya.

9 AM – 12 NOON HALL 5
Leadership Workshop
InSPA GC Members and State Presidents/State
Convenors
Resource Persons:
Prof. G.P. Thakur, New Delhi
Prof. B. Mukhopadhyay, Chennai
Dr. Panch. Ramalingam, Puducherry

9.30 AM-4.30 PM HALL 6
Three day Workshop on SCHOOL PSYCHOLOGY
School Principals, Teachers and Professionals

LUNCH BREAK from 2.00 pm to 3.00 pm.

**AFTERNOON TEA to be served at 4.00 pm at each venue
of Scientific Sessions**

NOVEMBER 23rd, 2014 (Sunday)

9.30 AM – 11.00 AM HALL 2
Nutrition, Health & Fitness:
Dr. Santanu Das, Coordinator, Project Child.

11.00 AM – 12.30 PM HALL 2
Applying Bloom Taxonomy in School Psychology:
Dr. V. Job Kuruvilla, State President, InSPA, Kerala

11.00 AM – 12.30 PM HALL 4
Sports & Self Defense: enhancing competencies for
excellence: Dr. Sadique Razaque, Chairman, University
Department of Psychology, Vinoba Bhave University,
Hazaribag (Jharkhand)

9.30 AM – 11.00 AM HALL 3
Learning & Teaching and School environment:
Prof. Indranee Dutta, Former Director, OKD Instt. Of
Social Changes and Development.

11.00 AM – 12.30 PM HALL 3
Curriculum design: present & future; examination:
Dr. M.V. Sudhakaran, Head, School of Social
Sciences, Tamil Nadu Open University, Chennai

9.30 AM – 11.00 AM HALL 5
Aptitude based career choices:
Dr. R.J. Solomon, KPB College, Mumbai

11.00 AM – 12.30 PM HALL 5
Symposium: Mental Health of Students & Management
Strategies
Chair: Dr. Yogini Nath, McGill University, Canada
Coordinator: Prof. Anjali Ray, Department of Applied
Psychology, Calcutta University

01.00 PM PD Seminar Hall (HALL 1)
Valediction:
President: **Prof. B. Mukhopadhyay**, InSPA
Valedictory Address: **Prof. Jitendra Mohan**,
Chandigarh

**2nd day Workshop on SCHOOL PSYCHOLOGY School
Principals, Teachers and Professionals HALL 6**

LUNCH BREAK from 2.00 pm to 3.00 pm.

24th November, 2014 (Monday)

**3rd day Work Shop on School Psychology to
continue and conclude HALL 6**
Guests: **Prof. B. Mukhopadhyay**
Prof. P. Jeyachandran and Prof. Ratna Natarajan

**Govt. of Puducherry, Directorate of School Education,
Rashtriya Madhyamik Shiksha Abhiyan (RMSA),
in collaboration with Indian School Psychology Association (InSPA)**

Workshops on School Psychology for Teachers

Rashtriya Madhyamik Shiksha Abhiyan

The Rashtriya Madhyamik Shiksha Abhiyan (RMSA) is a flagship scheme of Government of India, launched in March, 2009, to enhance access to secondary education and improve its quality. The implementation of the scheme started from 2009-10 to generate human capital and provide sufficient conditions for accelerating growth and ensuring equity so as to improve the quality of life for everyone in India. Largely built upon the success of SSA, RMSA leveraged support from a wide range of stakeholders including multilateral organizations, NGOs, advisors and consultants, research agencies and institutions. The scheme involves multidimensional research, technical consulting, implementation and funding support.

Indian School Psychology Association

The Indian School Psychology Association (InSPA) is slowly and steadily striving to popularize School Psychology in India. InSPA empowers teachers, educational administrators and psychologists to play an active role in the larger interest of providing better education to children. India is a nation depicting unity in diversity. It is the largest democracy with a huge number of student population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has multifaceted schooling systems which cater to the needs of the children. In India, the schools run by the state governments, both in urban and rural areas differ in many respects. While the private English-medium schools draw children by and large from economically prosperous families, the government schools cater to needs of the economically disadvantaged children. Thus the Indian schools can be distinguished on the basis of a number of indicators, including teaching methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance and counselling to learn and acquire skills and abilities. We strongly believe that School Psychologists can definitely provide the necessary professional guidance to children in schools.

With this background the InSPA is moving ahead of conducting several workshops on School Psychology for the purpose of training the teachers and educational administrators in School Psychology. This was a major initiative of InSPA to conduct training programmes by inviting International experts to India.



Dr. J. Krishnaraju, Director, RMSA presides the Workshops on School Psychology at RMSA

In order to reach out to the public schools, the InSPA has collaborated with the Sarva Shiksha Abhiyan and Rashtriya Madhyamik Shiksha Abhiyan schemes of the Government of Puducherry.

The first training programme was conducted at Puducherry from 28th January to 1st February 2012, by the invited international School Psychology experts with the support of the present Chief Minister Shri. N. Rangasamy. The participants of the first training were school head masters and school counsellors.

The second training programme was conducted for the school teachers at Achariya College of Education, Puducherry on 1st and 2nd February, 2012.

The workshop on School Psychology for the primary school teachers was conducted at SSA, Directorate of Education, Government of Puducherry from 8th to 10th March, 2012. The participating primary school teachers were trained to identify children with learning disabilities. This was followed by three more workshops conducted in Kerala in 2012 and Tamil Nadu in 2013.

Feedback from participants highlighted that they had an increased understanding of the various roles of school psychologists and how they will assist in improving educational outcomes for children in Indian schools. Participants also expressed satisfaction and enhanced awareness related to the topics covered in the workshop.

There was a proposal to conduct two day workshops for 420 teachers (seven batches with 60

teachers in each). Subsequently, workshops for five batches were conducted in Puducherry and two batches in Karaikal between July and September, 2014.

Workshops on School Psychology

The Indian School Psychology Association (InSPA) in collaboration with Rashtriya Madhyamik Shiksha Abhiyan (RMSA), Govt. of Puducherry organized seven workshops on School Psychology. Dr. P. Jeyachandran, Chennai; Prof. Ratna Natarajan; Dr. Panch. Ramalingam, Pondicherry University; Prof. D. Sambandhan, Pondicherry University; Mrs. Lalitha Subramanian, Clinical Psychologist; Dr. S. Sabesan; Dr. A.Ra. Sivakumaran, Singapore; Mrs. Suchitra Srinivas, USA were the Resource Persons. The main purpose of the workshop was to professionally train the teachers to understand Learning Disabilities and mental health issues among children.

Training Objectives

- To understand the role of school psychologists with emphasis on preventive work as well as clinical skills
- To understand the process of teaching-learning in school education and policies of State and Central Governments of India
- To develop skills in constructing and conducting various psychological and educational assessments in school settings
- To understand and respect individual differences in various socio-cultural contexts
- To understand the competencies of a school psychologist
- To gain insight on the strategies, to enhance mental health and well-being of children
- To understand the role of school psychologists in prevention (an International Perspective).

Based on the training objectives the following modules have been developed to conduct the workshops for teachers:

Workshop modules

- Module I: Theoretical framework of School Psychology, Indian Context of School Psychology Services
- Module II: Knowing the world of school settings in India; Guidance and Counselling
- Module III: Inclusive Education, Safe School and Adolescent Issues
- Module IV: Identifying Learning Disabilities and mental health issues/problems in children

Module V: Gender sensitization, personality characters, self-esteem and interpersonal skills.

Brief Profile of the Resource Persons

Dr. A.Ra. Sivakumaran, Singapore

He is Associate Professor and has been teaching for the past 28 years in Primary and Secondary Schools, the Language Centre and in Junior Colleges. Following which, he has been working in NIE for more than 16 years and has been serving as Head for Tamil Language and Culture Division since 2008. He was initially a Steering committee member for Tamil Language Teaching for Primary schools in Ministry of Education (MOE), Singapore and the Deputy Director of TLU (Tamil Language Unit). Besides, Dr. Sivakumaran is also the Steering Committee Consultant for GCE 'A' Level Tamil Language Syllabuses in Singapore.

Mrs. Suchitra Srinivas, USA

Mrs. S.Srinivas is the Director at Innovative Teaching Strategist LLC., USA. Innovative Teaching Strategist LLC. (ITS) is a knowledge sharing initiative in the field of School Education. ITS helps schools in India with techniques of identifying learning skill deficits in children and offer training in remedial strategy management and teaching techniques for the teachers in collaboration with InSPA.

Prof. B. Mukhopadhyay, Chennai

Dr. B. Mukhopadhyay, Former Professor and Head, Department of Educational Management & Applied Psychology, National Institute of Technical Teachers Training and Research, Chennai. He was Secretary, IAAP, and presently President, InSPA. He is the Emeritus Professor Psychology in Toc H Institute of Science and Technology, Arakunnam, Kerala.

Prof. P. Jeyachandran, Chennai

Prof. Jeyachandran, is the member of Rehabilitation Council of India and resource person for school psychology training programmes. He is specialized in Mental Health and has trained many students and professionals in Clinical Psychology. He is the President, Vijay Human Services, Chennai.

Ln. Prof. Ratna Natarajan, Thiruppathur

Prof. Ratna Natarajan, is a professional trainer of teachers and students for more than four decades. He is the former Director of State training Centre, Chennai and has adorned many responsible positions in the field of higher education and is also a great motivational speaker.

Prof. D. Sambandhan, Pondicherry University

Prof. D Sambandhan, Former Dean, School of

Social Science & International Studies Pondicherry Central University. He has been the invited speaker at various institutes of higher learning and visiting professor to University of Paris 13 and had the privilege to address senior officers of Reserve Bank of India as the Deputy Chairman of Planning Commission.

Dr. Panch. Ramalingam, Puducherry

Dr. Panch. Ramalingam is Reader in the UGC - Academic Staff College of the Pondicherry University, Puducherry. He holds three post graduate degrees (MA in Psychology, MA in Education and MA in Political Science), and M. Phil. and Ph.D. in Educational Counselling Psychology at Annamalai University. His research areas are mainly teacher education, undergraduate occupational preferences, mental health, Educational and Counselling Psychology, Integral Education, Yoga and Indian Psychology.

Dr. S. Sabesan, Chennai

Dr. Swaminathan Sabesan has a doctorate in Organizational Behavior. He did his post-doctoral diploma in training and development from ISTD, New Delhi and has 20 years of rich experience in teaching research, and administration. Dr. Sabesan is a motivational speaker and has addressed various forums like NIPM, ISTD and MMA.

Mrs. Lalitha Subramanian, Chennai

Mrs. La Subramanian was a School Psychologist at West Windsor-Plainsboro Regional School District, New Jersey, USA. Presently she is teaching at Sri Ramachandra University – Medical College and Hospital, Porur, Chennai.

Dr. S.K. Sia, Pondicherry University

Dr. Sia is an Associate Professor in the Department of Applied Psychology, Pondicherry University and the Treasurer of InSPA. He is the recipient of All India Merit Residential Scholarship, and National Rural Talent Search Scholarship.

1st and 2nd Workshops on School Psychology at RMSA BRC III, Puducherry (21 – 22 July, 2014)

The first and second workshops on School Psychology for academic year 2013-14 were conducted to the Government school teachers of Puducherry region. At the concurrent inaugural session Dr. J. Krishnaraju, State Project Director, RMSA, Govt. of Puducherry presided and emphasized the necessity of training on School Psychology so as to meet the class room challenges. Dr. Panch. Ramalingam, Secretary, InSPA welcomed the dignitaries and presented the Scope of the



Dr. Panch. Ramalingam, Secretary, InSPA presenting the objectives of the workshops on School Psychology

workshop on School psychology. Prof. B. Mukhopadhyay, President, InSPA delivered inaugural address and said that the School Psychology training is timely needed to the school teachers for effective teaching-learning environment. Dr. S. Sabesan delivered keynote address, Shri. Pugazhendhi, Co-ordinator, RMSA, Puducherry proposed a vote of thanks. There were 60 participants in each workshop.

3rd and 4th Workshops on School Psychology at RMSA Resource Centre, Karaikal (22 – 23 July, 2014)

The third and fourth workshops on School Psychology were conducted for the teachers of Government schools on 22 and 23 July, 2014 at the RMSA Resource Centre, Govt. of Puducherry, CEO, Karaikal. At the inaugural session Dr. Panch. Ramalingam welcomed the dignitaries and highlighted the objectives and scope of the workshops. Mr. V. Marimuthu, Chief Educational Officer, Karaikal delivered presidential address and stressed the teachers to make the best use of this rare opportunity. Mrs. Mansoor, District Collector, Karaikal inaugurated the workshop and released the Reading Materials of the workshop. Prof. Lalitha Ramakrishnan, Centre Head, Pondicherry University, Karaikal Campus delivered keynote address. Mr. Baskar, RMSA Coordinator, Karaikal proposed vote of thanks.

5th and 6th Workshops on School Psychology at RMSA BRC III, Puducherry (20 – 21 August, 2014)

The fifth and sixth workshops on School Psychology for this academic year were conducted for the Government school teachers of Puducherry region. Prof. B. Mukhopadhyay, President, InSPA



Prof. B. Mukhopadhyay honoured by Mr. Pugazhendhi at the Workshops on School Psychology at RMSA

delivered the inaugural address and Dr. J. Krishnaraju, State Project Director, RMSA, Govt. of Puducherry was the President. The scope of the workshop was highlighted by Dr. Panch. Ramalingam, Secretary, InSPA. Shri. Pugazhendhi, Co-ordinator, RMSA, Puducherry proposed a vote of thanks. There were 60 participants in each workshop.

7th Workshop on School Psychology at RMSA BRC III, Puducherry (15 – 16 September, 2014)

The 7th workshop on School Psychology for this academic year was conducted for the Government school teachers of Puducherry. Dr. J. Krishnaraju, State Project Director, RMSA, Govt. of Puducherry, Dr. Panch. Ramalingam, Secretary, InSPA, Prof. B. Mukhopadhyay, President, InSPA delivered inaugural address and Shri. Pugazhendhi, Co-ordinator, RMSA, Puducherry successfully arranged this workshop and the participants immensely were benefitted by the training given to them.

Outcome of the Workshops

- Created awareness among teachers on School Psychology and essential needs of School Psychology services in the Indian context.
- Promoted focused communication between professionals and teachers on the improvement of safe and friendly schooling
- Highlighted the need for the application of psychological principles in the educational scenario of Puducherry
- Created awareness regarding the national and international standards for training psychologists who work in the educational systems with special reference to guidance and counselling in schools

- Promoted awareness on the wellbeing of children and rights of children
- Provided an opportunity to understand the concept of Inclusive Education, Safe School and Adolescent Issues
- Provided hands-on experience for Identifying Learning Disabilities and mental health issues among children
- Created awareness among teachers on specific psychological skills such as Gender Sensitization, Personality characters, Self-esteem and Interpersonal Skills.

Feedback from the Teachers

- Programme organized by the RMSA and InSPA was useful
- Needs more training on School Psychology Services
- Practical training could be included during the workshop sessions so as to get hands-on experience
- Similar workshops can be conducted regularly once in a year
- Need more theory based skill oriented training on School Psychology
- School Psychology workshops may be arranged every year
- Assessment techniques need more time

Recommendations based on the Peer Group Interaction

- The workshop was very useful to understand the basic concept of School Psychology services available in various countries and the ways and means of introducing these services to Indian School System
- Invariably all the participants recommended that School Psychology services must be introduced in all schools of the Union Territory of Puducherry
- In order to initiate the School Psychology services, cluster of schools could be arranged zone-wise to appoint Trained School Psychologists. In each school a teacher who is interested in School Psychology may be given intensive training on School Psychology.
- The Indian School Psychology Association (InSPA) should prepare a framework of School Psychology services to the Union Territory of Puducherry in consultation with RMSA, Puducherry and submit the report to the Government of Puducherry and Central Government at the earliest so as train all the

teachers in the Union Territory of Puducherry.

- The resource material provided in the workshops is more useful
- Specific skill-based one day workshop on School Psychology may be arranged for the teachers
- The School Psychology awareness programmes may be conducted to all parents and teachers.

In conclusion, the workshops conducted for the school educational administrators were found to be very effective, useful, inspiring, and has contributed for better knowledge and enhanced skills in School Psychology Services. Hence, there was a strong demand that these kinds of workshops on School Psychology for educationists, educational administrators, school counsellors and teachers should be conducted in collaboration with RMSA, Govt. of Puducherry in the near future.

InSA New Members

- 218/2014 Ms. Shiuli Aktar, P.G. Student in Psychology, Khilpara (Amtala), Tripura
- 219/2014 Ms. Sabiha Alam Choudhury, PhD Research Scholar, Dept of Psychology Gauhati University, Gauhati
- 220/2014 Mr. Shishir Kanth Cornelius, Managing Trustee, Disha Foundation Trustee, Bidar Karnataka
- 221/2014 Mr. K.V. Jayajothi, T-4, Malar's Tulip Grand, 18th Street, Krishna Nagar, Puducherry
- 222/2014 Dr. Sudeshna Chakrabarti, Assistant professor, Department of Psychology M.B.B. College, Agartala, Tripura - 799 004
- 223/2014 Dr. S. Rajasekar, Research Assistant, NITTTR, Chennai
- 224/2014 Ms. Afshan Mariam, School Psychologist, Q 104, Phlox Apartments, Anna Nagar, Chennai
- 225/2014 Dr. Suja Koshy, 2B/5, Green Park, Opp Children's Hospital, Mumbai
- 226/2014 Mr. E. Jayaganapathy, 593, Bharathidasan Street, Ashok Nagar, Lawspet, Puducherry
- 227/2014 Mr. Lopamudra Saha, Agartala, Tripura
- 228/2014 Mrs. Kalpana Hazarika, Iribili Path, Ambika giri Road, Gauhati



Workshops on School Psychology at Trinity Academy, Tiruvarur (22 – 23 July, 2014)

The Trinity Academy, CBSE School, aims to provide quality education to the students from primary to higher secondary level. It endeavors to provide the necessary environment and opportunity to give good education and prepare the students for higher studies laying emphasis on traditional values and progressive ideas. Trinity Academy CBSE School is a self-financing institution and, as such, does not receive any financial aid from the government for its recurring and non-recurring expenditure.

Trinity Academy was started in the year 2004 by the K.T.R.Trust as an English Medium Nursery and Primary School with classes up to Third standard. With the addition of one class every year, Trinity was shifted into its new and permanent campus in the year 2007–08. In the year 2009 – 10, it obtained the C.B.S.E. recognition.

Students are taught art, craft, yoga, vocal music, keyboard, karate, social and environment clubs along with heritage clubs have been functioning. These skills promote their passion for creativity, aesthetic awareness and thus by making the students stress free.

The workshop on School Psychology was conducted to the teachers of this academy was first of its kind in Tamil Nadu. Dr. Panch. Ramalingam, Secretary, InSPA, Dr. J. Gopalakrishnan, Chairman of the Trinity Academy presided. Mrs. Indumathi gopalakrishnan, senior Principal welcomed. The Dean of the Tiruvarur Medical College delivered inaugural address. The academy in collaboration with the InSPA successfully arranged this workshop and the participants immensely were benefitted. Dr. S. Sabesan, Mrs. Lalitha Subramanian, Prof. Lalitha Ramakrishnan, Dr. Panch. Ramalingam, and Dr. S. Robinson were the resource persons. Mr. K.V. Jayajothi, Director, InSPA Convenor, Tiruvarur made the necessary arrangements to conduct the workshop.

Sixth Annual General Body Meeting Circular for Members of the InSPA

Date: Friday 21. 11. 2014 at 4.00 pm **HALL 6**
Venue: Department of Psychology, Gauhati University, Gauhati, Assam

Agenda

Welcome Address by the President, InSPA
Introduction of State Presidents and State Convenors

Items for Discussion

- 01/2014 Report of the action taken based on the minutes of the 4th General Body meeting held on 23rd November, 2013 at NIEPMD, Chennai, and Brief note on the activities of InSPA.
- 02/2014 Statement of audited accounts for the year 2013-14
- 03/2014 InSPA budget proposal for 2015 – 16
- 04/2014 Conduct of InSPA International conference in 2015
- 05/2014 Publication of School Psychology books in regional languages
- 06/2014 Proposal to start a new Journal for the InSPA
Any other item with the permission of the Chair

Secretary, InSPA

InSPA State Presidents

- | | |
|-------------------|----------------------|
| 1. Kerala | Dr. V. Job Kuruvilla |
| 2. Tamil Nadu | Dr. S. Renukadevi |
| 3. Andhra Pradesh | Dr. M.V.R. Raju |
| 4. Puducherry | Dr. V. Muthu |
| 5. Gujarat | Dr. Navin Patel |

School Psychology Services Award 2014

1. Dr. Neeradha Chandramohan,
Director, NIEPMD, Chennai
2. Dr. Ratna Natarajan, Thiruppathur

School Psychology Best Performance Award 2014

3. Dr. M.V. Sudhakaran, Tamil Nadu
Open University, Chennai
4. Dr. R.J. Solomon, Mumbai
5. Dr. Suneetha Hangal, Karnataka
6. Dr. Deepali Batra, New Delhi

The awards will be distributed at the inaugural session of the International conference on 21st November, 2014 at Gauhati University, Assam.



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Indian School Psychology Association (InSPA)

Minutes of the Governing Council Meeting

Minutes of the Governing Council of the Indian School Psychology Association (InSPA) held on 16th August, 2014 at 11.00 am. The members of the Governing Council are:

1. Prof. G.P. Thakur - Past President
2. Prof. B. Mukhopadhyay - President
3. Prof. R.N. Rai - Vice-President
4. Dr. Baby Shari, P.A. - Vice-President
5. Dr. Panch. Ramalingam - Secretary
6. Dr. R.J. Solomon - Joint Secretary
7. Dr. S. Suresh - Joint Secretary
8. Dr. Surendra Kumar Sia - Treasurer
9. Dr. Suneetha J. Hangal - Editor, Newsletter

At the outset, Prof. B. Mukhopadhyay, President, InSPA welcomed all the office bearers of the InSPA. It was followed by the deliberation of the items on agenda and the following resolutions were passed unanimously by circulation:

09/2014. Considered minutes of the Governing Council and General Body meeting held on 16.05.2014 by e-circular

The minutes (**Annexure I**) circulated has been noted.

10/2014. Considered the amendment in the bye-law of the Association

Resolved to approve the following amendments in the bye-law of the Association:

Amendment suggested in the byelaw:

13 (1) State/UT Chapter of InSPA

For effective implementation of the School Psychology Services in the concerned States/Union Territories, the State Chapter shall be constituted with the composition of (i) One State President, (ii) One State Convenor, and (iii) Three Members nominated by the State President and the State Convenor.

The State Chapter is a State Unit of the InSPA to function within the jurisdiction of the State/UT for effective implementation of the aim and objectives of the InSPA.

The State President and the State Convenor nominated by the Governing Council shall act under the supervision of the Governing Council. They shall report to the President/Secretary of the Indian School Psychology Association (InSPA) from time to time as and when required.

13 (2) State Convenors

For effective implementation of the School Psychology Services in the concerned States, the State Convenors nominated by the Governing Council shall act under the supervision of the Governing Council. They shall report to the President/Secretary of the Indian School Psychology Association (InSPA) as and when required.

- a) The convenor of the State/Union Territory shall be nominated where more than ten members enrolled;
- b) The State Convenor and State President shall propose any suitable person for life membership of the InSPA.
- c) The convenor of the State/Union Territory shall serve as a nodal person to the State Chapter of the InSPA
- d) The convenor of the State/Union Territory shall be the representative of the State Chapter to convene any meeting of the InSPA with the Coordination of the State President.
- e) The State Convenor and State President jointly perform the functioning of any activity related to the InSPA

- f) The State Convenor and State President jointly open and operate a bank account in any nationalized Bank for effective functioning on the State Chapter.
- g) The duly audited annual accounts shall be submitted to the Governing Council on or before 31st May of every year.
- h) The State Convenor/ State President shall prepare annual report of the State on or before 30th April of every year and send two copies to the Secretary for InSPA official record.
- i) The State Convenor and State President shall be authorized to use the InSPA logo and Seal of the InSPA for any activity on behalf of the State Chapter of the InSPA.

13 (3) State Presidents

For effective implementation of the School Psychology Services in the concerned States, the State Presidents nominated by the Governing Council shall act under the supervision of the Governing Council. They shall report to the President/Secretary of the Indian School Psychology Association (InSPA) as and when required.

- a) The State/Union Territory President shall be nominated by the Governing Council of the InSPA where more than ten members enrolled;
- b) The State President shall propose any suitable persons for life membership of the InSPA.
- c) The State President shall propose any suitable activities for the promotion of the aim and objectives of the InSPA from time to time;
- d) The State President shall be authorized to function on behalf of the InSPA for effective implementation of its aim and objectives;
- e) The State President shall nominate three members for executive committee under his leadership. The State Convenor shall act as convenor of the committee and the president shall preside over for effective functioning;
- f) The five member committee shall be jointly perform the activities of the InSPA in their State;
- g) The State Committee shall be authorized to generate the funds required for the effective functioning of the State Chapter
- h) In any kind of dispute among the members of the State/UT shall be addressed to the Governing Council for final decision.
- i) The nomination of the State President/State Convenor shall be withdrawn at any time by the Governing Council and dissolve the functioning of the State committee.

This amendment will be ratified at the General Body meeting of the InSPA on 22nd November, 2014 at Gauhati University, Guwahati.

11/2014. Considered creation of State Chapters and Nomination of State Presidents:

Resolved to approve the following members as State Presidents of the respective States with effect from 16.08.2014 for a period of three years to promote InSPA School Psychology Services:

- | | |
|-------------------|----------------------|
| 1. Kerala | Dr. V. Job Kuruvilla |
| 2. Tamil Nadu | Dr. S. Renukadevi |
| 3. Andhra Pradesh | Dr. M.V.R. Raju |
| 4. Puducherry | Dr. V. Muthu |
| 5. Gujarat | Dr. Navin Patel |

The rules and regulations for the State Chapters will be finalized shortly.

The meeting came to an end by proposing vote of thanks to the chair.

The house rose at 11:30 am

Prof. B. Mukhopadhyay
President

Dr. Panch. Ramalingam
Secretary



Participants of the Second Workshop on School Psychology at RMSA, Puducherry (21 – 22 July, 2014)



Participants of the 5th Workshop on School Psychology at RMSA, Puducherry (20 – 21 August, 2014)



Participants of the 6th Workshop on School Psychology at RMSA, Puducherry (20 – 21 August, 2014)





**Participants of the Workshop on School Psychology at Trinity Academy, Tiruvarur
(29 – 30 September, 2014)**



**Participants of the 7th Workshop on School Psychology at RMSA, Puducherry
(15 – 16 September, 2014)**