

# InSPA Newsletter



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Prof. G.P. Thakur presenting the InSPA award to Prof. P.J. Joseph



Prof. G.P. Thakur presenting the InSPA award to Shri. E. Vallavan



Prof. Peter Farrell presenting the InSPA award to Prof. P. Jeyachandran



## HIGHLIGHTS....

- 3rd InSPA Confernece 02
- Report of the 2<sup>nd</sup> InSPA Confernece 03
- School Psychology Services Award 2012 06
- Visit of Prof. Walter Renner 08
- Invited Lecture on School Psychology 09
- School Psychology Training Programme 10
- 15th PPA Conference 11
- 2nd International Seminar at Polur 12
- 4<sup>th</sup> General Body Meeting of the InSPA 13
- News and Views 15





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National Institute for  
Empowerment of Persons with  
Multiple Disabilities (NIEPMD)

It was established in the year 2005, on East Coast Road, Muttukadu, Chennai, Tamil Nadu, (about 30 km from Chennai Central railway station, Mofussil bus terminus and airport) Under the Ministry of Social Justice & Empowerment, Govt. of India, to serve as a national resource center for empowerment of persons with Multiple Disabilities such as those with two or more disabilities in a person. The Disabilities enumerated as per PWD (1995) Act, are Low Vision, Blindness, Locomotor Disability, Hearing Impairment, Mental Retardation, Mental Illness, Leprosy Cured Persons and as per The National Trust (1999) Act, are Cerebral Palsy and Autism.

#### From the Editor's Desk...

We deem it a great privilege to bring out this quarterly 'InSPA Newsletter', as a private communicative channel among members. The prime aim is to propagate the activities of the Association such as conferences, training programmes, publication of books, news and views, etc.

We welcome you as a friendly advisor to give suggestions if any, to improve the newsletter so as to reach across the nation and abroad

Yours

**Dr. Suneetha J. Hangal**

Editor, InSPA Newsletter

Email: [suneetha.j.hanagal@gmail.com](mailto:suneetha.j.hanagal@gmail.com)

#### OBJECTIVES

- To undertake development of human resources for management, training rehabilitation, education, employment and social development of persons with Multiple Disabilities.
- To promote and conduct research in all areas relating to Multiple Disabilities
- To develop Transdisciplinary models and strategies for social rehabilitation and to meet the needs of diverse groups of people with Multiple Disabilities.
- To undertake services and out reach programs for the persons with Multiple Disabilities.

#### VISION

The Persons with Multiple Disabilities have equal rights to lead a better quality of life. This may be enabled with committed professionalism, accessible environment, equal opportunities, positive attitudes and appropriate, affordable, acceptable and available technological interventions.



Welcome to Chennai



## 3rd InSPA Conference

(22 - 24 November, 2013)

National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD) and Indian School Psychology Association (InSPA) jointly organise the third National conference on Inclusion and Challenges of Empowering Multiple Disorder Children at NIEPMD, Muttukadu, Chennai from 22 to 24 Novemebr 2013.

Further details contact

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Director

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National Institute for Empowerment of Persons with Multiple Disabilities  
(Ministry of Social Justice & Empowerment, Govt. of India)  
राष्ट्रीय बहुविक्तजन व्यक्ति अधिकारिता संस्थान  
(Ministry of Social Justice & Empowerment, Govt. of India)



# Report of the 2<sup>nd</sup> InSPA National Conference



## Report of the 2<sup>nd</sup> InSPA National Conference

The 2<sup>nd</sup> InSPA National Conference with the theme “School Psychology: Mental Health Challenges” was successfully organized at Calicut University, Kerala on 22<sup>nd</sup> to 24<sup>th</sup> November 2012 in collaboration with the Department of Psychology.

### Inaugural Session

The programme started with the invocation song by Miss.Soumya and was followed by the welcome speech by Dr. Baby Shari, Chair, LOC, the 2<sup>nd</sup> InSPA National conference. She highlighted the relevance of the conference theme in the present educational scenario. This was followed by a brief report of InSPA activities by Prof. (Emeritus) B.Mukhopadhyay, the Vice President of InSPA. He expressed that Indian Association of Applied Psychology (IAAP) has many children but InSPA is the glorified son of IAAP.

Prof. G.P. Thakur , President, InSPA gave the Presidential remarks. The dignitaries on the dais formally inaugurated the conference by lighting the lamp. Prof. Raveendranath K, Pro-Vice-Chancellor, University of Calicut gave the inaugural address and he opined that the issues found in college can be very well intervened and solved if proper psychological support was provided in school setting. There was also a special address by Prof. Peter T. Farrell (Manchester University, U.K.).

On this occasion Prof. P.J. Joseph (President, Toc H institute of science and technology, Arakunnam, Kerala), Prof. P. Jeyachandran (Chennai) were felicitated for getting the School Psychology Services Award by InSPA for their valuable contribution in the field of education and school psychology.

Two books, namely Book of Abstracts and the book entitled “School Psychology: Counselling

Perspectives” edited by Dr. Panch.Ramalingam & Dr. Baby Shari, P.A also released by Prof. Peter T. Farrell.

Prof. C. Jayan, Organizing Secretary, (Dept. of Psychology, University of Calicut) proposed the vote of thanks.

### Keynote Speeches

On the first day, after the inaugural function, there was a Keynote address by Prof. Peter T. Farrell (Manchester University, U.K.) on the topic “Developing school psychology in India – challenges and possibilities’. Prof. Farrell highlighted the significance of including Psychology as a subject in School Syllabus.

The second day programmes began with the Keynote address by Prof P. Jeyachandran, on the topic “The relevance of Indian Psychology in School context”.

### Scientific Sessions:

There were more than 180 delegates and 86 presentations during the scientific sessions on various sub themes of the Conference. On the first day, there were two parallel scientific sessions on the topic “Adolescent Mental Health” and it was chaired by Prof. P.Jeyachandran (Chennai) and Dr. K. Manikandan (Calicut University). The second session on the theme “Child Mental Health” was chaired by Prof .Shamim Ahmad Ansari (Aligarh Muslim University) and Dr. S. Raju, (Kerala University). Later part of the same sessions were chaired by Dr. Shah Allam (Aligarh Muslim University) and Dr. S. Raju,(Kerala University). The other session was led by Dr. Prof. L.R. Yagnik (S.P. University, Gujarat) and Dr. Deepa Ghosh (Netaji Subhas Mahavidyalaya, South Tripura) chaired the session on “Effective Parenting”.

Session on the topic, “Child rights and abuse in home and school environment” was chaired by Prof. N. K. Saxena (Kanpur) and Dr. R. N. Rai. and the Session “Issues and challenges in school environment” was chaired by Dr. Zokaithluangi (Missoram) and Dr. T. Sasidharan( Calicut University). On the third day the parallel scientific sessions were started with the themes, ‘Inclusive Education and Child mental health”, and was chaired by Dr. S. Raju, (Kerala University) and Dr. K. Manikandan (Calicut University). The session on “School environment and School Psychology” was chaired by Dr. R.J. Solomon (Mumbai) and Dr. Suneetha Hangal (Hubli). Two parallel sessions on “Teacher Effectiveness” was chaired by Dr. N.K.Saxena (Kanpur),Dr. B. Rangaiah (Puducherry), Prof.D.Samabndhan (Puducherry) and Dr.Panch. Ramalingam (Puducherry).

The General Body meeting of InSPA was held on the third day morning and was chaired by Prof. G.P.



Thakur, President, InSPA. Around 21 members attended the meeting and discussed various issues related to InSPA.

### **Cultural Finale**

A wonderful cultural programme was arranged on 22<sup>nd</sup> evening on the theme – “Kerala Cultural Heritage”. The artists from the campus and schools enthralled the audience by myriad forms of dances like Theyyam, Bhootakali, Koodiyattam, Mohini Attam, Opana etc. On the second evening (23/11/2012), a cultural event of Ghazals, folk songs and dances “Mehafil” , was also organized. Apart from this, delegates and guests were taken for an outing to historically important sites like Baypore Port and different places in Calicut. The group also visited the Botanical garden of the campus, which is the second best of its kind in South India.

### **Children’s Assembly**

On 23<sup>rd</sup> November, Children’s Assembly was in order to see the world from their frames. Around 30 students from 6 schools took part in the program and had fruitful interaction with the experts like Prof. G. P. Thakur, Prof. Jayachandran, Dr. R. J. Solomon, Dr. Baby Shari and Mr. Umesh (C.I.P).

### **Valedictory Session**

At the valedictory session Dr.Panch.Ramalingam, Secretary, InSPA welcomed the dignitaries and gathering. He also briefly highlighted the major activities



of InSPA during the past few years. Prof. G. P. Thakur, President, InSPA presided and conferred School Psychology Services Award 2012 to Shri. E. Vallavan, Director of School Education, Government of Puducherry for his contributions in the field of school education and training the teachers with skills for rendering school psychology services. While acknowledging the award Shri. E. Vallavan recollected his association with InSPA from the day of inauguration and strongly supported the idea then expressed by Shri. P. Kannan, M.P that School Psychology is essential not only at school levels but also at the societal levels so as to produce quality citizens.

Prof. N.K. Saksena, former Professor of Psychology, Kanpur delivered the valedictory address and said that the school psychology services are essential for the present multi-faceted complex society and that here are several ways and means to train the parents, teachers and students by applying school psychology resources. He wished that the InSPA initiative will help the nation to promote school psychology services throughout the country.

On the same occasion, the two best papers have been awarded to Miss. Nouzia Noordeen; Mrs. Lijiya Manju and Mrs. Ramshida shared the awards for the best paper presentations

Dr. R.J. Solomon, Joint Secretary, InSPA proposed the vote of thanks.







## Training Programme in School Psychology

It is of immense pleasure to report that during the 2<sup>nd</sup> InSPA conference, two Training Programmes on School Psychology were also conducted. A training was conducted at the Department of Psychology, Calicut University, Kerala mainly for the professionals for 6 days and 30 members benefitted from the expertise and guidance of the international trainer, Prof. Peter T. Farrell. The second training programme was arranged for students for 3 days in which there were 45 participants at LISSAH College, Kaithappoyil, a college affiliated to Calicut University.

### Words of Appreciation

We are thankful to Dr.M.Abdul Salam, Vice Chancellor, Calicut University, Kerala for all the guidance and support in making this event a reality. Our sincere thanks go to Dr.Baby Shari, Chair, LOC and her wonderful team for organizing and efficiently managing the events. Our special thanks are due to the young enthusiastic students from the Department of Psychology without their sweet smile and ceaseless energy this event would not have been such a grand success!

At this juncture, we also express our sincere gratitude to Dr.G.P.Thakur, President, InSPA. Prof. B.Mukhopadhyay, Vice President, InSPA; Prof.D. Sambandhan, Dean, College Development Council, Pondicherry University and the members of Governing Council of InSPA for their valuable suggestions and support in promoting this conference.

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instituted by Prof. Mamota Das, Former Dean, Faculty of Education and Former Professor and Head, Department of Education, Annamalai University, Annamalai Nagar.

8. **Prof. B. Viswanatham Best Book Award 2012:** It will be given to **Dr. N.V.S. Suryanarayana**, Faculty, Department of Education, Andhra University Campus, Vizianagaram, A.P. State for his book on Encyclopaedia of Educational Psychology..
9. **Psychometric Educational Services Award 2012** is conferred on **Dr. B. Rangaiah** Associate Professor, Department of Psychology, Pondicherry University, Puducherry, Kerala. A certificate will be given for her outstanding contribution to the Psychometric Educational Services. This award has been instituted by GCC Trust, Veppur, Vellore District, Tamil Nadu.

**Dr. S. Suresh**  
Secretary

**Dr. B. Mukhopadhyay**  
President

Pondicherry Psychology  
Association

Awards 2012

1. **IAAP- PPA Best Psychologist Award 2012** is conferred on **Dr. N.B. Havalappanvar**, Former Chairman, Department of Psychology, Karnatak University, Dharwad. Cash Award of Rs.5000/- with citation will be given for his outstanding contribution in the field of applied psychology. This award has been instituted by the Indian Academy of Applied Psychology, Chennai.
2. **IAAP-PPA Best Educationist Award 2012** is conferred on **Dr. S. Mohan**, Director, National Institute of Technical Teachers Training and Research, Chennai. A citation will be given for his outstanding contribution in the field of technical education. This award has been instituted by the Pondicherry Psychology Association, Puducherry
3. **IAAP-PPA Best Educationist Award 2011** is conferred on **Shri. R. Parthasarathy**, State Project Director, SSA, Puducherry: A citation will be given for his outstanding contribution in the field of school education. This award has been instituted by the Pondicherry Psychology Association, Puducherry
4. **Prof. A. Gnanam Best Teacher Award 2012** is conferred on **Dr. S. Renukadevi**, Head, Department of Education, National Institute of Technical Teachers Training and Research, Chennai: A certificate will be given to him for appreciating the role of outstanding teacher of the year. This award has been instituted by Dr. Panch. Ramalingam, Founder President, Pondicherry Psychology Association, Puducherry
5. **P.K. Subbaraja Memorial Best Teacher Award 2012** is conferred on Shri. S. Srinivasan, Assistant Professor, Dr. Ambedkar Government Law College, Puducherry. A certificate will be given to her for appreciating the role of outstanding teacher of the year.
6. **P.K. Subbaraja Memorial Best Teacher Award 2011** is conferred on Dr. Kalyani Kenneth, Reader, Rajiv Gandhi National Institute for Youth Development, Sriperumbudur, Dr. Ambedkar Government Law College, Puducherry. A certificate will be given to her for appreciating the role of outstanding teacher of the year.
7. **Best Teacher Award 2012** is conferred on **Dr. Suneetha Hangal**, Head, Department of Psychology, S.K. Arts College, Vidya Nagar, Hubli, Karnataka: A certificate will be given to her for appreciating the role of outstanding teacher of the year. This award has been



## School Psychology Services Award 2012

### School Psychology Services Award 2012



**Prof. P.J. JOSEPH**

President, Toc H Public Schools, Cochin

Professor P.J. Joseph, is the President of Toc H Institute of Science & Technology and Toc H Public Schools, Cochin. He started his great career in teaching (at college level) in the year 1965 and has rendered his valuable services at Union Christian College, Alwaye, for nearly three decades. At the time of his superannuation, he was the Professor & Head of the Post-Graduate and Research Department of English. He was also a member of the Board Studies of Mahatma Gandhi University and edited text books for the University.

Professor Joseph is a great educationist and a responsible citizen of India. He was the Secretary of the Ernakulam District Committee of Kerala Association for Non-Formal Education & Development and a member of State Council. He was elected to the National Council of Indian Adult Education Association. He is the Founder Member of the Commonwealth Association for the Education and Training of Adults founded in 1986. He was actively involved in the Total Literacy Project of Ernakulam District, launched in 1988. He became a member of the State Level Academic Core Group for the Total Literacy Project of Kerala, launched in 1990.

He is deeply involved in the Slum Rehabilitation Programme of Alwaye. He is one of the Founder Members of Kerala Counsellors Forum started in 1992 and was its Vice President. He is a Founder Member of the Association for Environmental Protection. His name appeared in the International Directory of Environmentalists, published from USA, jointly by World-wise and Friends on the Earth in 1992.

In 1998, the World Bank engaged his services for the survey of Adult Education for a Review of the World's Experience in Literacy. UNESCO Institute of

Education, Hamburg, Germany enlisted his name in the UNESCO/UIE Exchange Network of Experts for promoting Adult Literacy, in 1999. In 2007, the Kingston University, U.K conferred International Visiting Fellowship on him.

He has presented papers at various international conferences abroad. His articles have been published in local, national and international journals. He has published a few books including four travelogues in Malayalam and three books of simplified versions of classical stories in English.

The Governing Council of the InSPA takes immense pleasure to confer School Psychology Services Award 2012 on this eminent personality, Prof. P.J. Joseph for his selfless services to the downtrodden and for the promotion of School Psychology in India.



**Prof. P. JEYACHANDRAN**

Member, Rehabilitation Council of India, Chennai

Prof. P. Jeyachandran is a clinical research psychologist, teacher educator and academic consultant in Special Education. His pioneering work in the development of an array of services for the welfare of the mentally challenged in India is really praiseworthy.

As a young lad, with his contemporary views and fairness to all, his entry into a research project for training the parents of children with mental retardation made a paradigm shift to the perspective of training and rehabilitation services for these differently abled individuals. Entering into his seventh decade and work experience counting over 44 years, he is tenacious in rendering his service with evermore youthful spirit, enthusiasm and unconditional love for the differently abled.

# School Psychology Services Award 2012



His academic credentials include advanced degrees in Psychology and Special Education from India and abroad. He began his career as a principal faculty in Psychology and Special Education at BalaVihar Training School for Special Educators, Chennai. Being the first institution to train teachers in Special Education it became a premier institute hoisted by PJ, a nick name for Prof. P. Jeyachandran in his professional circle. Since 1971, he has trained over 2000 special educators and his professional consultations figures to almost 40000. He is a visiting Professor to couple of universities in Germany and is a host for student exchange programs in mental retardation between Germany and India.

He is also the Founder Director of Vijay Human Services, a Special School and Training Center. Under his stewardship, this institution has made distinct contribution to the society by developing a valuable tool, Madras Developmental Programming System (MDPS), a programming guide for training persons with mental retardation. This guide led to development of systematic curriculum for training persons with mental retardation. Another unique contribution of Prof. Jeyachandran (for the first time in the world) is "Teaching Yogasana to the Mentally Retarded Persons - Guide Book for Special Educators". He developed this manual under the guidance of Sri Krishnamacharya, the yoga guru of the country. Yet another gift to the special educators, is ABAK (Adaptive Behaviour Assessment Kit), a mobile package of testing tools that would enable them to conduct comprehensive assessment of the functioning levels of the mentally challenged to determine their training needs. Under his guidance, the institute offers early intervention training programmes & B.Ed (Special Education-Mental Retardation) which is surging with takers each year.

As a Coordinator of Sarva Siksha Abhiyan programme formerly IED-DPEP in the district of Ramnad it goes to his credit for including 3600 children with mental retardation in mainstream education. He has trained over 3000 general educators by sensitizing the special needs of the differently abled under his leadership. Of his professional attire, has played a key role to inception 78 institutes all over the country including the National Institute of the Mentally Handicapped, Secunderabad & National Institute for Empowerment of Persons with Multiple Disabilities, Chennai. He is the Chairman of the academic committee constituted by the Rehabilitation Council of India to plan, develop and evaluate training programmes in mental retardation in the country. He has made major contributions to policy guidelines for manpower development in Special Education in the country and is a helping hand to Government Agencies in the state

of Tamilnadu. His achievements also include developing manuals for residential homes, fire safety for persons with mental retardation, and awareness programmes and bridge courses for personnel in the field of mental retardation.

Indeed, the Governing Council of the InSPA feels it a great privilege to confer School Psychology Services Award 2012 to Prof. P. Jeyachandran for his valuable services and contributions to promotion of School Psychology in India.



**Shri. E. Vallavan**

Director of School Education, Government of Puducherry

Shri E. Vallavan, is an academic and administrative Head of school education in the Union Territory of Puducherry. He had his school education in Government Higher Secondary School, Vathalagundu and obtained the post-graduate degree in History from Madurai Kamaraj University.

Shr.Vallavan is a multi-faceted personality who has served in various capacities. He was appointed as PCS cadre in the Union Territory of Puducherry in 1994 and later as Project officer, Local Administrative Department. He has also served as Managing Director of Pondicherry Co-operative Sugar Mill, Puducherry for five years. It was a memorable occasion that when he was posted as Director of Local Administration Department, the elections for local bodies were held after 38 years!

He has served as Regional Administrator, Mahe, Managing Director, PIPDIC, Director of Industries and Commerce, and presently Director of School Education. He is a great visionary and in the short tenure of just one year, he has introduced various schemes and practices to promote educational awareness among children in the Union Territory of Puducherry.

As an academic administrator, Shri Vallavan is regularly addressing the emotional and behavioural





problems of children in general through school administrators, and teachers. He has initiated various training programmes through SSA to empower the primary school teachers to deal with the educational and psychological problems of children effectively.

The Governing Council of the InSPA is pleased to confer School Psychology Services Award 2012 to Shri. E. Vallavan for his valuable services and contributions for promoting School Psychology in India.

## Visit of Professor Walter Renner, PhD to India

### Curriculum Vitae

**Professor Walter Renner**  
Full Professor of Psychology  
Alpen-Adria-Universität Klagenfurt,  
Department of Psychology  
Universitätsstraße 65-67, A-9020 Klagenfurt,  
Austria

Date of birth: 6<sup>th</sup> September 1956 (Innsbruck, Austria)

#### Education and professional qualification

**2005 "Habilitation"** (senior doctor's degree, Dr. habil.) – *venia legendi* for psychology, Alpen-Adria-Universität Klagenfurt: "A lexical model of human values with special consideration of individual differences"

**1998** Registration, **Lecturer and supervisor** (behaviour therapy)

**1995** License, **psychotherapist** (behaviour therapy)

**1995** Registration, **Forensic psychological consultant**

**1992** License, **traffic psychologist**

**1992** License, **clinical and health psychologist**

**1982 Ph.D.** (Psychology and educational science), with distinction, University of Innsbruck

#### Previous professional positions

**2008 – 2011 Principal Investigator** (Development and empirical test of a self-help approach towards coping with recurrent depression in Turkish migrant women, funded by the Austrian Science Fund, FWF)

**2008 – 2011 Principal Investigator** (Development and empirical test of a sponsorship programs for refugees, funded by the Austrian Science Fund, FWF)

**2006 – 2008 Senior Researcher** (Development and empirical test of a self-help approach towards coping with trauma in asylum seekers and refugees, funded by the Austrian Science Fund, FWF)

**2004 – 2006 Senior Researcher** (Culturally specific assessment of post-traumatic symptoms in asylum seekers and refugees, funded by the Austrian Science Fund, FWF)

**2002 – 2004 Principal Investigator** (Standardization and

validation of a test of human values, funded by the Austrian Science Fund, FWF)

**1997 – 2000 Project Manager** (Psychotherapeutic outpatient department) and **Researcher** (Occupational health, two research projects funded by Jubiläumsfonds der Österreichischen Nationalbank)

**from 1991 Free lance clinical psychologist** (Traffic

psychologist, psychotherapist, supervisor, and free scientist)

#### International experience

**2003 American University in Cairo, Egypt** (Professor Kathleen Myambo) (Cross-cultural research on human values)

**2001 University of the North, Sovenga, South Africa** (Professor Karl Peltzer) (Cross-cultural research on human Values)

**1983 – 1984 University of London, Institute of Psychiatry, Dept. of Psychology** (Professor H. J. Eysenck) (Postgraduate studies)

#### Teaching experience (selection)

**from 2004 Part-time lecturer** (Dept. of Psychology, University of Innsbruck: Psychometrics, Human values, basics of research methods)

**2001 Visiting lecturer** (University of the North, Sovenga, South Africa: Behaviour Therapy)

**from 1999 Part-time lecturer** (Dept. of Psychology, Alpen-Adria-Universität Klagenfurt: Psychometrics, individual differences)

**from 1998 Lecturer and supervisor** (Private training institution of behavior therapy)

#### Research funding granted (selection)

**2009 - 2011 "Vocational rehabilitation of refugees"** (Tyrolean Science Fund, TWF, principal investigator at University of Innsbruck), • **5,000.00**

**2008 – 2011 "Guided Self-Help Groups for Female Turkish Migrants with Recurrent Depressive Disorder"** (Austrian Science Fund, FWF, principal investigator at University of Innsbruck and UMIT), • **139,613.69**

**2008 – 2011 "Social Support as a Moderator of Acculturative Stress"** (Austrian Science Fund, FWF, principal investigator at University of Innsbruck and UMIT), • **164,496.51**

**2006 – 2008 "Culture Sensitive Resource Oriented Peer Groups"** (Austrian Science Fund, FWF, senior researcher at Alpen-Adria-Universität Klagenfurt), • **105,684.67**

**2004 – 2006 "Psychological consequences of trauma"** (Austrian Science Fund, FWF, senior researcher at Alpen-Adria-Universität Klagenfurt), • **132,240.46**

**2002 – 2004 "Standardization and validation of a test of human values"** (Austrian Science Fund, FWF, principal investigator at Alpen-Adria-Universität Klagenfurt), • **82,828.70**

**1998 – 2000 "Psychological health in the workplace"** (Jubiläumsfonds der ÖNB, principal investigator), • **18,168.21**; follow-up research (senior researcher) • **7,267.28**



**Prof. Walter Renner**





## Invited Lecture on “ School Psychology in Indian Schools: Nature, Scope and Benefit” by Prof.Peter Farrell



Resource Person: **Prof. Peter Farrell** (Professor of Special Needs & Educational Psychology, University of Manchester, U.K.)

The invited Lecture on “School Psychology in Indian Schools-Nature, Scope & Benefit” was jointly organized by Toc H Public School, Ernakulam and InSPA on 27th November 2012. Prof. Peter Farrell (Professor of Special Needs & Educational Psychology, University of Manchester, U.K.) was the resource person.

A large number of School Teachers and Administrators attended the programme. The programme started with a prayer song by the school choir. The dignitaries present on the occasion included Prof. P J Joseph, President, Toc H Institutions; Dr. K Varghese, Founder Director & Manager, Toc H Institutions and Mr. N. M. George, Principal, Toc H Public School. Mr Ajith Sundaran, RVS Institute of Management Studies, Coimbatore, Tamilnadu, was also present on the occasion. Mr N.M. George, Principal delivered the welcome speech. Dr K Varghese, welcomed the Chief Guest by presenting a bouquet. Pro.P.J.Joseph gave an introductory address and it was followed by the invited lecture by Prof.Peter Farrell, Former President, ISPA.

In his lecture, Prof. Peter Farrell emphasised:

- The increasing need for of psychology at school level, and differences in approaches to educational psychology at School level
- He also discussed the established theories in Psychology, especially that of Sigmund Freud.
- He stressed on the need for giving reinforcement to the students and advised that

even if negative comments to be made, it should be preceded by four positive comments

- He also highlighted the importance of psychology as a subject and revealed that it is considered as the second-most important subject after English in U.K. But in India, psychology is not given that much importance.
- He spoke about the different psychological tests used in the West, with their norms and stressed the need for the development of Indian norms.

The session was very engrossing and enlightening. The teachers were immensely benefitted by the suggestions given by Prof.Farrell which could be used in the classrooms.

The presentation was followed by an interactive session with the Teachers and presentation of memento to Prof.Farrell. The session was concluded with the vote of thanks by Mrs. Latha K. Vasudevan

Prof. P J Joseph then handed over a memento to Prof. Peter Farrell. The session ended when Mrs Latha K Vasudevan gave the Vote of Thanks.

Representatives from the following Schools attended the session –

- 1) Bhavan's Newsprint Vidyalaya, Velloor
- 2) Vyasa Vidyalaya, Kakkanad
- 3) Hira Public School, Cheppanam
- 4) Global Public School, Chottanikkara
- 5) SBOA Senior Secondary School
- 6) Cochin Refinery School
- 7) Navy Children School, Kochi
- 8) Modern Public School, Kakkanad
- 9) St. Peter's, Kadayiruppu
- 10) Toc H Public School, Vyttila
- 11) St. Patrick's Academy, Angamaly
- 12) RVS Institute of Management Studies

This Invited Lecture by Prof. Peter Farrell, was organized with the initiative of Prof. B. Mukhopadhyay, the Vice President of InSPA.



Ms. Deepali Batra with the participants of the school psychology training programme held in Calicut 2012

## School Psychology Training Programme

**Ms. Deepali Batra** is a Consultant Clinical and Child Psychologist (M.Phil) practicing in Delhi. She is running an organization named as PSYCHOMATRIX, which is involved in distribution & publication of Psychological tests. Her Team at PSYCHOMATRIX comprises of professionals in the field of Mental Health. She has conducted workshops for children & adolescents at various schools and colleges. Ms Batra has vast experience in training young Psychologists in the field of Psychological Testing and various Therapeutic Skills. She has been regular in conducting workshops for various corporate and Government Agencies.

**Sessions with Graduate & Post Graduate Students of Psychology:** Through interactive participation and role play the importance of psychological assessment in diagnosis and therapeutic planning of the client was conveyed. Skills necessary for psychological evaluation were discussed through case studies. The importance of Children Apperception Test (C.A.T) in understanding child's emotional and behavioural problems was discussed. Apart from this,

the concept of Learning Disability and the various tools for diagnosing Learning Disability was also discussed.

**Sessions with Teachers and Principals:** An awareness program was conducted to sensitize the group regarding the psychological problems children go through and how use of psychological tests help in identifying and screening of children having behavioural and emotional problems. The trauma that a child with Learning Disability goes through was discussed through an interactive session. Need for rapport formation, comprehensive evaluation of Learning Disability and then remedial training for the same was discussed. Terms like Dyslexia, Dysgraphia, Dyscalculia etc were explained in great details through various case studies. Need for a School Psychologist was emphasized along with the fact that a child with Learning Disability or any Psychological problem requires constant support from school, teachers, and parents. Screening tool of Learning Disability was introduced that can be used at school level.

### Feedback about the Training Programme:

1. There was more demand for training in Psychological Testing for children needs to be emphasized more as it helps in uncovering issues that otherwise don't come to the fore.
2. There was a felt need to conduct awareness programme at school level for teachers and school authorities as well as for parents regarding the psychological problems of children
3. There was a felt need to conduct awareness programme at school level for teachers and school authorities as well as for parents regarding the psychological problems of children
4. Training session was seen as an eye-opener by most of the participants.

## Proposals invited

1. To conduct State level survey for assessing the need for training on School Psychology
2. To prepare suitable modules for School Psychology Training Programmes in Indian context
3. To conduct seminar/workshops on School Psychology

For more information, contact:

**Indian School Psychology Association (InSPA)**  
#17, 14th Street, Krishna Nagar,  
Puducherry - 605 008, India.

## Journal of Psychological Researches (JPR)

Email: [jprjournal@gmail.com](mailto:jprjournal@gmail.com)

In commemoration of the 3rd InSPA National Conference, the JPR will bring out Special Volume on School Psychology. The last date for submission of papers is 31.07.2013. Further details if any, contact:

**Indian School Psychology Association (InSPA)**  
#17, 14th Street, Krishna Nagar,  
Puducherry - 605 008, India.





**15<sup>th</sup> National Conference on  
Emerging Trends in Educational and School Psychology  
1-2 March, 2013**

**Pondicherry Psychology Association (PPA), Indian School Psychology Association  
(InSPA), and Immaculate College of Education**

The Pondicherry Psychology Association and Indian School Psychology Association jointly organising the 15th National Conference on Emerging Trends in Educational and School Psychology on 1<sup>st</sup> and 2<sup>nd</sup> March, 2013 at Immaculate College of Education for Women, Pakkamudayanpet, Puducherry. We hope that the outcome of the conference will become a turning point in the development of a new approach to educational and school psychology, which will carry in it the very best of what modern teacher education and psychological approaches have to offer. School psychology is a new area for the Indian psychologists. There is no such separate discipline to cater to the needs of children at school level. Whereas, educational psychologists are play major role in satisfying the requirements of the educational institutions as counsellors and psychologists. There are several psychological models practiced in India especially for the school curriculum. One of the models is integral psychology conceived by Sri Aurobindo. Integral means a union of all the parts of our being with the Divine (Sri Aurobindo). Integral psychology is union of all kinds of yoga principles and methodological practices related to human psychology.

learning, motivation, social, emotional and behavioral problems, bullying and cyber bullying, communication and social skills, home-school collaboration, school-based mental health and emotional health, classroom environments, academic and behavioral interventions.

**CALL FOR PAPERS**

Intending participants may send abstracts of their presentations in about 150 words typed in double space, indicating briefly the title, name of the presenter, methodology adopted and important findings. The abstract may be sent to:

Dr. S. Suresh,  
Assistant Professor, Department of Psychology,  
Annamalai University, Annamalai Nagar, 608002  
Tamil Nadu. Ph: 91- 9442034971  
Email: drssu@yahoo.co.in

**Last date for Submission of Abstract: January 31, 2013**

Paper Acceptance notification: February 4, 2013

Last date for Submission of Full paper: February 11, 2013

Last date for Registration February 15, 2013

There is NO spot registration

**Registration Fees:**

Local participants

(without accommodation) - Rs. 500/-

Outstation participants

Students/Research scholars - Rs.750/-

**Major theme:**



"Emerging Trends in Educational and School Psychology"

**Sub themes:**

Psychological aspects of basic education, teacher education, sport and exercise education, special education, education and technology, child hood & adolescent growth and development, gifted learners and learning disabilities and counselling psychology.

Behavioral/intelligence assessments in schools,





## 2<sup>nd</sup> International Seminar on School Psychology

Sponsored by

**Indian School Psychology Association, New Delhi  
at Sri Renugambal College of Education, Polur**

**2 - 3 March, 2013**



### The College

It is said that a good teacher transcends generations. In Indian culture the highest place is given to the 'Guru' or 'Teacher', even higher than God. Dr. A.P.J. Abdul Kalam rightly said that "Dream, Dream and Dream, for Dreams transform into thoughts and thoughts into Actions" and teachers are the motivators to enlighten and inspire the young minds of our country. Sri Renugambal College of Education and Teacher Training Institute are training young men & women to become sincere & committed teachers and to instill in them a desire to be lifelong learners. This college not only has the necessary infrastructure and requirements as per the NCTE and University norms for College of Education and it is also an approved Study Centre for Indira Gandhi National Open University (IGNOU) for B.Ed Course.

This group of institution is governed by the Sri Renugambal Educational Trust under the able Chairmanship of Mr. A. Ramachandran. The motto of the college is "Courage, Discipline, and Excellence".

### Objectives

- To establish educational and vocational institutions for the benefit of the rural and tribal communities
- To engage professors, instructors and experts to up-date the knowledge of modern sciences, legal and industrial advancements, and to instill research and intellectual pursuits in our students
- To impart moral values and strengthen the character of the students
- To develop, foster and sustain a healthy attitude towards the total up-lift of the students.

### 2<sup>nd</sup> International Seminar on School Psychology

Theme: "School Psychology for Teacher Educators"

Today, school communities are challenged with many psycho-socio issues of children from different ethnicities, races, languages, religions, abilities, and disabilities. The school psychology should be promoted in India to cater to the needs of the parents, teachers, school administration and policy makers. To achieve the objectives described above, there will be 6 concurrent technical sessions and two keynote sessions. Each of these sessions will be devoted to one of the main objectives. The keynote sessions will have invited speakers only.

### Submission of papers:

Delegates are requested to submit their abstracts/papers following APA style (refer website: [www.jiaap.in](http://www.jiaap.in) for writing a research paper) on any of the listed sub themes. To ensure a consistent high quality of all the presentations, participants are requested to submit the abstract for 100-200 words and full text less than 5000 words well in advance and not later than 15th February, 2013. Abstract and paper should be sent by email ([srtc@gmail.com](mailto:srtc@gmail.com)) or hard copy with CD in MS-Word format only.

### Registration

Last date for Submission of Full paper: February 15, 2013  
Last date for Registration: February 15, 2013

### Registration Fees:

Local participants (without accommodation)	-	Rs. 500/-
Outstation participants, Students/Research scholars	-	Rs.750/-
Faculty/Professionals	-	Rs.1000/-

A nominal rooms will be arranged for the outstation participants on first-cum-first-serve basis. Other participants will have to arrange for their own.

For further detail, please contact

**Shri A. Ramachandran**

Chairman

Sri Renugambal College of Education  
Polur, Thiruvannamalai Dist





## Minutes of the Fourth General Body Meeting at Calicut University, Kerala



**Minutes of the Fourth Meeting of the General Body of the Indian School Psychology Association (InSPA) held at Calicut University, Calicut on 24. 11. 2012 at 9.30 am.**

The following members attended the meeting:

1. Dr. G.P. Thakur - President
2. Dr. B. Mukhopadhyay - Vice President
3. Dr. Panch. Ramalingam - Secretary
4. Dr. R.J. Solomon - Joint Secretary
5. Dr. B. Rangaiah - Treasurer
6. Dr. Shah Alam - State Convenor
7. Dr. Suneetha J. Hangal - Editor, Newsletter
8. Dr. Baby Shari, P.A. - State Convenor
9. Dr. Deepa Ghosh - State Convenor
10. Dr. C. Jeyan - Member
11. Prof. Shamim Ansari - Member
12. Prof. N.K. Saxena - Member
13. Prof. R.N. Rai - State Convenor
14. Dr. Zokaitluangi - State Convenor
15. Prof. P. Jeyachandran - Member
16. Dr. L.R. Yagnik - Member
17. Dr. Uma Rani, Tirupati - Member
18. Ms. V. Vithya - Member

At the outset Prof. G.P. Thakur, President, InSPA welcomed and briefed the members about the activities of InSPA during 2012. It was followed by the deliberation of the items on agenda and the following resolutions were passed unanimously:

**1. Considered to thank the Vice-Chancellor Dr. M. Abdul Salam, Calicut University, Calicut for**

**providing all necessary support to conduct 2<sup>nd</sup> InSPA Conference from 22<sup>nd</sup> to 24<sup>th</sup> November 2012 successfully**

Resolved to thank the Vice-Chancellor Dr. M. Abdul Salam, Calicut University, Calicut for providing all necessary support to conduct 2<sup>nd</sup> InSPA National Conference from 22<sup>nd</sup> to 24<sup>th</sup> November 2012 at Calicut University, Calicut, Kerala.

**2. Considered the income and expenditure for the year 2011-12**

Resolved to approve the duly audited report of income and expenditure of the InSPA for the period 2011 – 2012 (vide Annexure – I).

**3. Considered the nomination of InSPA State Convenor for UP**

Resolved unanimously the nomination of Prof. Shamim Ansari as InSPA State Convenor of UP state for the year 2012-2013

**4. Considered ratification of School Psychology Services Award 2011 and 2012**

Resolved the ratification of the School Psychology Services Awards given to the following dignitaries:

2011 – Shri. J. Arawindhan, Chief Mentor, Achariya Group of Educational Institutions, Puducherry

2011 – Shri. A. Ramachandran, Secretary, Sri Renugambal College of Education, Polur

2012 – Prof. P.J. Joseph, President, Toc H Institute of Science and Technology, Cochin



2012 – Prof. P. Jeyachandran, President, Vijay Mental Health Home, Chennai

2012 – Shri. E. Vallavan, Director of School Education, Puducherry

**5. Considered to approve the budget proposal for the year 2012-13**

Resolved to approve the budget proposal for the year 2012 -13 (Annexure)

**6. Considered the venue for 3<sup>rd</sup> InSPA National Conference 2013**

Resolved to approve Rajiv Gandhi National Institute for Youth Development, Sriperumbudur (near Chennai) as the venue or any other suitable venue for the 3<sup>rd</sup> InSPA National Conference from 22<sup>nd</sup> to 24<sup>th</sup> November, 2013

The conference programme should be inclusive of the following :

i. Three plenary sessions (each 60 minutes) to be held by inviting eminent persons in the field of School Psychology

ii. Post lunch sessions on the first day to be devoted for symposia and leadership workshop for InSPA State convenors and invited delegates

iii. Children Assembly of not less than 300 students from the classes 9 to 12 to be organised on the second day

iv. Training programme on School Psychology by the Indian Institute of School Psychology Training and Research for three days and six days (strictly by the InSPA approved trainers)

**7. Considered the proposal to conduct training programme for school teachers in Puducherry and Mizoram**

Resolved to approve the proposal of conducting training programme for the school teachers in collaboration with SSA, Puducherry and Mizoram School administration.

**8. Considered to approve the proposal to document the performance of the State convenors of InSPA.**

Resolved the proposal to document the performance of the State convenors of InSPA.

**9. Any other items**

i. The State convenors were requested conduct awareness programmes for school population regarding the role of the school psychology for all round development of children. They were also requested to enrol at least 10 members on or before 31<sup>st</sup> March 2012 to strengthen InSPA.

ii. The State Convenors were also requested to send a report of the activities every three months well in advance to publish them into InSPA Newsletter

iii. It has been considered and approved to appoint Prof. P. Jeyachandran, as Election Officer to conduct election of Governing Council and State convenors for InSPA for the period 2014 to 2016. The election process will be finalised in the next Governing Council meet.

iv. In order to encourage student membership, it has been decided to consider the students studying at Post Graduation and Research levels, by one time payment of Rs.1000/- as members for three years. On expiry of three years they have to enroll as Life members of InSPA by paying additional amount of Rs.1000/-

**10. The meeting came to an end by proposing vote of thanks to the chair.**

The House rose at 10:30 am.

**President, InSPA**



Participants of the school psychology training programme held in Calicut 2012

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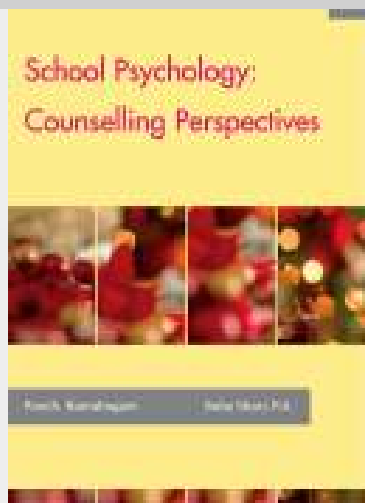
<http://www.facebook.com/pages/Indian-School-Psychology-Association-InSPA>



**InSPA**

Indian School Psychology Association





### **School Psychology: Counselling Perspectives**

by

**Dr. Panch. Ramalingam and Dr. Baby Shari, P.A.**

“It is a testament to the excellent quality of the research work reported at the Conference that so many papers have been written up as chapters for publication in this volume. There are a number of chapters that focus on different aspects of the work of counselors in schools” (Professor Peter Farrell, School of Education, University of Manchester, UK, Former President of the International School Psychology Association).

This volume, “School Psychology: Counselling Perspectives” contributes selected papers presented at the 2<sup>nd</sup> National Conference on the theme **School Psychology: Mental Health Challenges** conducted by Indian School Psychology Association (InSPA) and Department of Psychology, Calicut University, Calicut, Kerala in 2012. There are 26 papers on different aspects of School Psychology practices in Kerala State in this volume.

The educative nature of the papers will promote different counselling perspectives of School Psychology in India. We strongly believe that this book will help psychologists, social workers, policy makers, School Psychology practitioners, and teachers to understand the vital aspects related to present scenario of School Psychology in India and counselling perspectives in the teaching and learning process.

We thank all the contributors for their sincere efforts in bringing out this volume. This will certainly assist the teachers and teacher educators to improve the counselling dimensions of teaching, learning, research and application in all walks of life.

**M.K. Sayeekumary**  
President  
Puducherry Co-operative Book Society  
Puducherry

## **Indian School Psychology Association (InSPA) & SSA, Puducherry**

jointly organising

## **Workshop on School Psychology for School Teachers**

# 2013

For further details and Registration:  
The State Project Director, SSA  
Department of Education, Govt of Puducherry,  
Puducherry - 605 005  
Email: [inspaindia@gmail.com](mailto:inspaindia@gmail.com)

### **InSPA New Life Members**

(01.09.2012 – 31.12.2012)

- 148/2012 Dr. John David Selvin, Puducherry
- 149/2012 Mr. Chandrakant Jamadar, Mysore
- 150/2012 Dr. A.V. Venugopal, Mysore
- 151/2012 Mr. Sreehari, R., Kerala
- 152/2012 Sangath, Goa
- 153/2012 Ms. V. Vithya, Tamil Nadu
- 154/2012 Mr. Sivadas, T., Kerala
- 155/2012 Prof. C. Jayan, Kerala
- 156/2012 Prof. P.J. Joseph, Kerala

**For InSPA Membership, kindly contact:**

**Indian School Psychology Association (InSPA)**  
(Regd),

#17, 14th Street, Krishna Nagar,  
Puducherry - 605 008, India. Ph: 0413-2212476  
website: [www.inspa.info](http://www.inspa.info)  
Email: [inspaindia@gmail.com](mailto:inspaindia@gmail.com)

